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NATIONAL BESTSELLER For years, people have been asking Ezekiel “Zeke” Emanuel, the brash, outspoken, and fiercely loyal eldest brother in the Emanuel clan, the same question: What did your mom put in the cereal? Middle brother Rahm is the mayor of Chicago, erstwhile White House chief of staff, and one of the most colorful figures in American politics. Youngest brother Ari is a Hollywood superagent, the real-life model for the character of Ari Gold on the hit series *Entourage*. And Zeke himself, whom the other brothers consider to be the smartest of them all, is one of the world’s leading bioethicists and oncologists, and a former special advisor for health policy in the Obama administration. How did one family of modest means produce three such high-achieving kids? Here, for the first time, Zeke provides the answer. Set amid the tumult of Chicago in the 1960s and 1970s, *Brothers Emanuel* recounts the intertwined histories of these three rambunctious, hypercompetitive Jewish American boys, each with his own unique and compelling life story. But ultimately, this is the story of the entire Emanuel family: the tough, colorful Old World grandparents; a mischievous, loving father who immigrated to the United States with twenty-five dollars and who enthralled his boys with tales of his adventures in Israel’s war for independence; and a proud, politically engaged mother who took the boys with her to rallies and protests—including a civil rights march through the streets of Chicago led by Martin Luther King himself. Even as the Emanuels distinguished themselves as individuals, the bond of brotherhood that tied them together was never broken. *Brothers Emanuel* is a wry, rollicking, and often poignant narrative of how one American family succeeded in raising three extraordinary children. Praise for *Brothers Emanuel* “An endearing, honest and gripping account of an American success story.”—*San Francisco Chronicle* “A beautiful portrait of growing up Jewish in an urban environment during an era of profound social change.”—*Publishers Weekly* “This delightful memoir is a deeply personal tale of one family, but it’s also about much larger things: America and tribal identity, love and rivalry, and the moral lessons to be learned as you grow up.”—*Walter Isaacson* “Fascinating . . . a classic tale of an immigrant family.”—*Chicago Tribune* “Mighty entertaining.”—*The Hollywood Reporter* “A clear-eyed, candid memoir that is unique and yet quintessentially American.”—*BookPage* “A fun read.”—*The Forward*

Whether you are a novice, a mountain-bike enthusiast, a competitive cyclist or one who rides for fitness or pleasure, this book provides all you need to know to get the best out of your bike. Beginning with the anatomy of the bicycle, it explains what to look for when buying a bike so that you get the right one for you, whether it be a folding bike, tandem, electric bike, track bike or BMX. There's plenty of information on the right kit - for women as well as men - and clear explanations to help you tackle maintenance and repair jobs with confidence. The basic principles of riding, negotiating cities and riding off-road are explained, and it also covers how to ride safely and comfortably. For all those who want to take their cycling further, there's information on competitive riding and training, and even a stunning international touring section packed full of recommended rides in breathtaking locations. Fun, inspiring, beautifully illustrated and easy to use, *The Cycling Bible* is the perfect companion for riders of every level, whatever they want from their bike.

Love manga and anime? Get your graphs and plans down on paper with this manga Graph Ruled Composition book! Great for students in high school, elementary school and middle school, or for anime lovers who need a place to graph or plan. 100 sheets (200 pages) in standard composition book size (9 3/4" by 7 1/2"). Graph-ruled paper.

Chronicles the progressive penetration of computing into every aspect of flight technology, from the end of World War II to the present

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A guide for cyclists on how to stay fit and healthy. The book suggests massage, stretching and relaxation techniques, and gives first-aid and dietary advice, enabling cyclists to stay ahead of the field and give their personal best.

Defines the terminology of the communication and computer industries for the non-technical user.

Residential, Commercial and Industrial Electrical Systems is a comprehensive coverage on every aspect of design, installation, testing and commissioning of electrical systems for residential, commercial and industrial buildings. This book would serve as a ready reference for electrical engineers as well as bridge the gap between theory and practice, for students and academicians, alike. Volume 1: Equipment and Selection provides its readers a detailed description of various equipment typically used in electrical distribution system. Along with the working principle and procurement methods, the book discusses selection criteria of different electrical equipment

I have physical scars from past surgeries, however, I have emotional scars as well. They were buried deep inside (hidden). It wasn't until my mother died was I able to "catch my breath" and to make sense of or process the emotional pain I had endured due to her prescription drug addiction, resulting in my own addictions.

A close-to-ideal blend of suburb and city, speedy construction of towers of Babylon, the sparkling proportion of glass and steel buildings' facade at night showcase the wisdom of humans. They also witness the footsteps, sweats and tears of architects and engineers. Unfortunately, these signatures of human civilizations are swathed in towering figures of construction accidents. Fretting about these on sites, different countries adopt different measures on sites. This book firstly sketches the construction accidents on sites, followed by a review on safety measures in some of the developing countries such as Bermuda, Egypt, Kuwait and China; as well as developed countries, for example, the United States, France and Singapore. It also highlights the enormous compensation costs with the courts' experiences in the United Kingdom and Hong Kong.

This unique and easy-to-read book is a practical guide to over 130 psychological issues that you may face across a lifetime. It is both a self-help manual and an educational resource, featuring expert opinion from a range of experienced professionals. A must-have for the family bookshelf, it provides a wealth of information and helpful tips that can be used for self-care, as an addition to therapy, or in the support of others. It can also be used by doctors, psychiatrists, psychologists, mental health nurses, occupational therapists, social workers, counsellors, and life-coaches for their own continuing development, or recommended to patients and clients to enhance their treatment and recovery.

The A77 II may look like the original Alpha 77, but inside it's a completely new design, sensor, and data path. There are a slew of new focusing modes, Wi-Fi and NFC functionality, and nuanced feature interactions which the manufacturer's manual just doesn't cover. What to do? Written for the advanced user (with tutorials and easy explanations in case you're not so advanced), this easy-to-understand yet thorough guide provides a complete instruction manual which explains each feature in plain English and provides hundreds of visual

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examples as well. There is no better way to learn about and get the most out of what is the most responsive camera that Sony has ever designed. Get the most out of your investment, and improve your photography at the same time! More info, page samples, and instantly-downloadable versions also available at the author's website.

Provides an in-depth look at how NASA's initiatives in aeronautics and space exploration have resulted in beneficial commercial technologies in the fields of health and medicine, transportation, public safety, consumer goods, environmental protection, computer technology and industrial productivity.

A hands-on introduction to programming with Visual Basic for DOS, including a disk containing all the program code covered. This book takes a painless approach that first-time users will find reassuring--a quick-start, step-by-step tutorial on object-oriented programming; dozens of easy-to-follow sample programs; helpful icons highlighting special tips and warnings; and a rich supply of screen images.

Jim Howard has cruised the great oceans of the world for over 25 years, often single-handed.

Create your own bioluminescent nature scenes in this coloring book that includes a special glow-in-the-dark pen. These scenes of animals, flowers, and landscapes are gorgeous in daylight and at nighttime. As you color in the pages, use the included glow-in-the-dark pen to highlight features such as eyes and patterns, or to add an outline. Glow in the Dark Coloring also provides instructions on coloring techniques, how to apply the glow details, and fascinating facts about bioluminescent creatures. Each of the twenty detailed illustrations in this book features a dark background, giving the finished scenes a wonderful nighttime look.

In this book, the Little Brainwaves explore the world of the human body, shrinking down to a truly tiny size to examine us inside and out. As always, the Brainwaves report back on their findings with their usual quips and jokes.

"This sobering description of many computer-related failures throughout our world deflates the hype and hubris of the industry. Peter Neumann analyzes the failure modes, recommends sequences for prevention and ends his unique book with some broadening reflections on the future." —Ralph Nader, Consumer Advocate This book is much more than a collection of computer mishaps; it is a serious, technically oriented book written by one of the world's leading experts on computer risks. The book summarizes many real events involving computer technologies and the people who depend on those technologies, with widely ranging causes and effects. It considers problems attributable to hardware, software, people, and natural causes. Examples include disasters (such as the Black Hawk helicopter and Iranian Airbus shootdowns, the Exxon Valdez, and various transportation accidents); malicious hacker attacks; outages of telephone systems and computer networks; financial losses; and many other strange happenstances (squirrels downing power grids, and April Fool's Day pranks). Computer-Related Risks addresses problems involving reliability, safety, security, privacy, and human well-being. It includes analyses of why these cases happened and discussions of what might be done to avoid recurrences of similar events. It is readable by technologists as well as by people merely interested in the uses and limits of technology. It is must reading for anyone with even a remote involvement with computers and communications—which today means almost everyone. Computer-Related Risks: Presents comprehensive coverage of many different types of risks Provides an essential system-oriented perspective Shows how technology can affect your life—whether you like it or not!

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A set of lesson plans, recordings and photocopiable activities for teaching music to Year 5 pupils. The CD/CD-ROM contains lesson plans and recorded extracts to accompany the activities in the book. The text contains instantly accessible photocopiable activities.

When was the last time you had tons of energy, were at a healthy weight, and felt amazing? Roche inspires you to decide that the time to get healthy is now, and helps you turn off your negative inner voice in order to live the kind of life you deserve.

The fifth edition of "Numerical Methods for Engineers" continues its tradition of excellence. Instructors love this text because it is a comprehensive text that is easy to teach from. Students love it because it is written for them--with great pedagogy and clear explanations and examples throughout. The text features a broad array of applications, including all engineering disciplines. The revision retains the successful pedagogy of the prior editions. Chapra and Canale's unique approach opens each part of the text with sections called Motivation, Mathematical Background, and Orientation, preparing the student for what is to come in a motivating and engaging manner. Each part closes with an Epilogue containing sections called Trade-Offs, Important Relationships and Formulas, and Advanced Methods and Additional References. Much more than a summary, the Epilogue deepens understanding of what has been learned and provides a peek into more advanced methods. Approximately 80% of the end-of-chapter problems are revised or new to this edition. The expanded breadth of engineering disciplines covered is especially evident in the problems, which now cover such areas as biotechnology and biomedical engineering. Users will find use of software packages, specifically MATLAB and Excel with VBA. This includes material on developing MATLAB m-files and VBA macros.

This paper assesses Lesotho's Third Review Under the Poverty Reduction and Growth Facility (PRGF) Arrangement and Request for Waivers of Performance Criteria. The government has declared a state of famine that is affecting an estimated 900,000 people. One quantitative performance criterion for end-March 2002—the ceiling on the government's domestic financing requirement—was not observed, almost entirely because of delays in external payments. The authorities have requested, and IMF staff supports, a waiver on this performance criterion.

For day-hikers and backpackers alike, AMC's White Mountain Guide has remained the most trusted and indispensable resource for 115 years. This 31st edition has been fully updated and revised. Included in this boxed set are six pull-out topographic maps, updated to reflect the latest trail openings, closings, and reroutings.

"This guide covers thirty-seven multiday backpacking trips in Maine, New Hampshire, Vermont, Massachusetts, Connecticut, and Rhode Island. Each trip is accompanied by an informational map showing the route, basic topography, facilities (including campsites), and important landmarks. Routes vary from easy one-night adventures to epic journeys such as the 100-Mile Wilderness"--

On the anniversary of her daughter Emily's death, Sarabess, the matriarch of the Windsor family, enlists the help of lawyer Jake Forrest to find Trinity, the daughter she had given up for adoption, a desperate search that exposes dark

secrets and has unexpected and lasting consequences. 150,000 first printing.

"Having been born a freeman, and for more than thirty years enjoyed the blessings of liberty in a free State—and having at the end of that time been kidnapped and sold into Slavery, where I remained, until happily rescued in the month of January, 1853, after a bondage of twelve years—it has been suggested that an account of my life and fortunes would not be uninteresting to the public." -an excerpt

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