

## Polycom Ip 6000 Setup Guide

Following on from the successful MPEG-2 standard, MPEG-4 Visual is enabling a new wave of multimedia applications from Internet video streaming to mobile video conferencing. The new H.264 'Advanced Video Coding' standard promises impressive compression performance and is gaining support from developers and manufacturers. The first book to cover H.264 in technical detail, this unique resource takes an application-based approach to the two standards and the coding concepts that underpin them. Presents a practical, step-by-step, guide to the MPEG-4 Visual and H.264 standards for video compression. Introduces the basic concepts of digital video and covers essential background material required for an understanding of both standards. Provides side-by-side performance comparisons of MPEG-4 Visual and H.264 and advice on how to approach and interpret them to ensure conformance. Examines the way that the standards have been shaped and developed, discussing the composition and procedures of the VCEG and MPEG standardisation groups. Focussing on compression tools and profiles for practical multimedia applications, this book 'decodes' the standards, enabling developers, researchers, engineers and students to rapidly get to grips with both H.264 and MPEG-4 Visual. Dr Iain Richardson leads the Image Communication Technology research group at the Robert Gordon University in Scotland and is the author of over 40 research papers and two previous books on video compression technology.

Provides information on Asterisk, an open source telephony application.

What is AVVID? Previously called Configuring Cisco Communications Networks (CCN), Architecture for Voice, Video, and Integrated Data (AVVID) is the latest development from Cisco Systems that will soon redefine the way businesses communicate. AVVID allows businesses to transmit voice, data, and video over one combined architecture, whereas in the past, three separate systems were required. Configuring Cisco AVVID will be the first book to discuss the components of the AVVID architecture and will be timed to release with the launch of the technology in early 2000. A practical guide to the AVVID technology this book will include an introduction to AVVID, and its software, hardware, network architecture, installation, operation and configuration. Topics include CallManager, Cisco Gateways, and IPCC (Cisco IP Contact Center). \* The first book to discuss the components of this important new technology \* Practical guide; many engineers will find this a great source of AVVID product knowledge \* Cisco is planning to launch AVVID hardware and software in Spring 2000 - demand is already high for information \* Book will be timed to release with technology

This is the only complete, all-in-one guide to deploying, running, and troubleshooting wireless networks with Cisco® Wireless LAN Controllers (WLCs) and Lightweight Access Point Protocol (LWAPP)/Control and Provisioning of Wireless Access Points (CAPWAP). Authored by two of the most experienced Cisco wireless support professionals, the book presents start-to-finish coverage of implementing WLCs in existing wired and wireless network environments, troubleshooting design-related issues, and using LWAPP/CAPWAP solutions to achieve your specific business and technical goals. One step at a time, you'll walk through designing, configuring, maintaining, and scaling wireless networks using Cisco Unified Wireless technologies. The authors show how to use LWAPP/CAPWAP to control multiple Wi-Fi wireless access points at once, streamlining network administration and monitoring and maximizing scalability. Drawing on their extensive problem-resolution experience, the authors also provide expert guidelines for troubleshooting, including an end-to-end problem-solving model available in no other book. Although not specifically designed to help you pass the CCIE® Wireless written and lab exams, this book does provide you with real-world configuration and troubleshooting examples. Understanding the basic configuration practices, how the products are designed to function, the feature sets, and what to look for while troubleshooting these features will be invaluable to anyone wanting to pass the CCIE Wireless exams. Efficiently install, configure, and troubleshoot Cisco Wireless LAN Controllers Move autonomous wireless network solutions to LWAPP/CAPWAP Integrate LWAPP/CAPWAP solutions into existing wired networks Understand the next-generation WLC architecture Use Hybrid REAP and Home AP solutions to centrally configure and control branch/remote access points without deploying controllers in every location Use Mobility Groups to provide system-wide mobility easily and cost-effectively Use Cisco WLC troubleshooting tools, and resolve client-related problems Maximize quality in wireless voice applications Build efficient wireless mesh networks Use RRM to manage RF in real-time, optimizing efficiency and performance Reference the comprehensive WLC and AP debugging guide Part of the CCIE Professional Development Series, this is the first book to offer authoritative training for the new CCIE Wireless Exam. It will also serve as excellent preparation for Cisco's new CCNP® Wireless exam.

A Doody's Core Title 2012 This new illustrated guide to assistive technologies and devices chronicles the use of AT/AD - technology used by individuals with disabilities to perform functions that might otherwise be difficult or impossible. This book empowers people to use assistive technologies to overcome some of their physical or mental limitations and have a more equal playing field. It includes real-life examples about how people with disabilities are using assistive technology (AT) to assist them in daily tasks, and discusses emotional issues related to AT/AD.

This book describes the basic principles underlying the generation, coding, transmission and enhancement of speech and audio signals, including advanced statistical and machine learning techniques for speech and speaker recognition with an overview of the key innovations in these areas. Key research undertaken in speech coding, speech enhancement, speech recognition, emotion recognition and speaker diarization are also presented, along with recent advances and new paradigms in these areas.

Voted Best Book of 2010 by Englewood Review of Books "In whatever place you live, do not easily leave it." –Abba Anthony In an age where we might email a friend in Africa, skype a co-worker in Brazil, and teleconference with people in different time zones—all in one day—the sheer speed of life can be dizzying. Like children stumbling off a merry-go-round, says Jonathan Wilson-Hartgrove, we are grasping for something to anchor our lives in a sea of constant change. In *The Wisdom of Stability*, Wilson-Hartgrove illuminates the biblical and monastic understanding of why staying in one place is both a virtue and good for you. "For the Christian tradition," he writes, "the heart's true home is a life rooted in the love of God." When we cultivate an inner stability of heart – by rooting ourselves in the places where we live, engaging the people we are with, and by the simple rhythms of tending to body and soul – true growth can happen. *The Wisdom of Stability* is a must-read for pastors, leaders, and anyone seeking an authentic path of Christian transformation.

Written by experts from around the globe, this book presents explains technical issues and clinical applications. It includes collective experiences from rehabilitation service providers in different parts of the world practicing a wide range of telerehabilitation applications. This book lays the foundations for the globalization of telerehabilitation procedures, making it possible for rehabilitation service to be delivered anywhere in the world.

The latest techniques for averting UC disaster Establish a holistic security stance by learning to view your unified communications infrastructure through the eyes of the nefarious cyber-criminal. *Hacking Exposed Unified Communications & VoIP, Second Edition* offers thoroughly expanded coverage of today's rampant threats alongside ready-to deploy countermeasures. Find out how to block TDoS, toll fraud, voice SPAM, voice social engineering and phishing, eavesdropping, and man-in-the-middle exploits. This comprehensive guide features all-new chapters, case studies, and examples. See how hackers target vulnerable UC devices and entire networks Defend against TDoS, toll fraud, and service abuse Block calling number hacks and calling number spoofing Thwart voice social engineering and phishing exploits Employ voice spam mitigation products and filters Fortify Cisco Unified Communications Manager Use encryption to prevent eavesdropping and MITM attacks Avoid injection of malicious audio, video, and media files Use fuzzers to test and buttress your VoIP applications Learn about emerging technologies such as Microsoft Lync, OTT UC, other forms of UC, and cloud and WebRTC

This book helps people find sensitive information on the Web. Google is one of the 5 most popular sites on the internet with more than 380 million unique users per month (Nielsen/NetRatings 8/05). But, Google's search capabilities are so powerful, they sometimes discover content that no one ever intended to be publicly available on the Web including: social security numbers, credit card numbers, trade secrets, and federally classified documents. Google Hacking for Penetration Testers Volume 2 shows the art of manipulating Google used by security professionals and system administrators to find this sensitive information and "self-police their own organizations. Readers will learn how Google Maps and Google Earth provide pinpoint military accuracy, see how bad guys can manipulate Google to create super worms, and see how they can "mash up" Google with MySpace, LinkedIn, and more for passive reconnaissance. • Learn Google Searching Basics Explore Google's Web-based Interface, build Google queries, and work with Google URLs. • Use Advanced Operators to Perform Advanced Queries Combine advanced operators and learn about colliding operators and bad search-fu. • Learn the Ways of the Google Hacker See how to use caches for anonymity and review directory listings and traversal techniques. • Review Document Grinding and Database Digging See the ways to use Google to locate documents and then search within the documents to locate information. • Understand Google's Part in an Information Collection Framework Learn the principles of automating searches and the applications of data mining. • Locate Exploits and Finding Targets Locate exploit code and then vulnerable targets. • See Ten Simple Security Searches Learn a few searches that give good results just about every time and are good for a security assessment. • Track Down Web Servers Locate and profile web servers, login portals, network hardware and utilities. • See How Bad Guys Troll for Data Find ways to search for usernames, passwords, credit card numbers, social security numbers, and other juicy information. • Hack Google Services Learn more about the AJAX Search API, Calendar, Blogger, Blog Search, and more.

This collection of tips, tools, and scripts provides clear, concise, hands-on solutions that can be applied to the challenges facing anyone running a network of Linux servers from small networks to large data centers.

This bestselling guide makes it easy to learn how to design a complete Voice over IP (VoIP) or traditional PBX system with Asterisk, with a detailed roadmap that shows readers how to install and configure this open source software, whether upgrading an existing phone system or starting from scratch.

Sidestep VoIP Catastrophe the Foolproof Hacking Exposed Way "This book illuminates how remote users can probe, sniff, and modify your phones, phone switches, and networks that offer VoIP services. Most importantly, the authors offer solutions to mitigate the risk of deploying VoIP technologies." --Ron Gula, CTO of Tenable Network Security Block debilitating VoIP attacks by learning how to look at your network and devices through the eyes of the malicious intruder. Hacking Exposed VoIP shows you, step-by-step, how online criminals perform reconnaissance, gain access, steal data, and penetrate vulnerable systems. All hardware-specific and network-centered security issues are covered alongside detailed countermeasures, in-depth examples, and hands-on implementation techniques. Inside, you'll learn how to defend against the latest DoS, man-in-the-middle, call flooding, eavesdropping, VoIP fuzzing, signaling and audio manipulation, Voice SPAM/SPIT, and voice phishing attacks. Find out how hackers footprint, scan, enumerate, and pilfer VoIP networks and hardware Fortify Cisco, Avaya, and Asterisk systems Prevent DNS poisoning, DHCP exhaustion, and ARP table manipulation Thwart number harvesting, call pattern tracking, and conversation eavesdropping Measure and maintain VoIP network quality of service and VoIP conversation quality Stop DoS and packet flood-based attacks from disrupting SIP proxies and phones Counter REGISTER hijacking, INVITE flooding, and BYE call teardown attacks Avoid insertion/mixing of malicious audio Learn about voice SPAM/SPIT and how to prevent it Defend against voice phishing and identity theft scams

"This book provides a practical reference that you will return to again and again in an ever-changing corporate environment where the demands on IT continue to increase. Make your first 100 days really count with the fundamental principles and core concepts critical to your success as a new IT Manager outlined in this valuable resource. The book also discusses how to work with your customers, manage your budget, develop an overall IT strategy and demonstrate the value of IT to the company"--

Teaching and Learning at a Distance is written for introductory distance education courses for preservice or in-service teachers, and for training programs that discuss teaching distant learners or managing distance education systems. This text provides readers with the basic information needed to be knowledgeable distance educators and leaders of distance education programs. The teacher or trainer who uses this book will be able to distinguish between appropriate uses of distance education. In this text we take the following themes: The first theme is the definition of distance education. Before we started writing the first edition of Teaching and Learning at a Distance we carefully reviewed the literature to determine the definition that would be at the foundation of our writing. This definition is based on the work of Desmond Keegan, but is unique to this book. This definition of distance education has been adopted by the Association for Educational Communications and Technology and by the Encyclopedia Britannica. The second theme of the book was the importance of research to the development of the contents of the book. The best practices presented in Teaching and Learning at a Distance are validated by scientific evidence. Certainly there are "rules of thumb", but we have always attempted to only include recommendations that can be supported by research. The third theme of Teaching and Learning at a distance is derived from Richard Clark's famous quote published in the Review of Educational Research that states that media are mere vehicles that do not directly influence achievement. Clark's controversial work is discussed in the book, but is also fundamental to the book's advocacy for distance education – in other words, we authors did not make the claim that education delivered at a distance was inherently better than other ways people learn. Distance delivered instruction is not a "magical" approach that makes learners achieve more. The fourth theme of the book is equivalency theory. Here we presented the concept that instruction should be provided to learners that is equivalent rather than identical to what might be delivered in a traditional environment. Equivalency theory helps the instructional designer approach the development of instruction for each learner without attempting to duplicate what happens in a face to face classroom. The final theme for Teaching and Learning at a Distance is the idea that the book should be comprehensive – that it should cover as much of the various ways instruction is made available to distant learners as is possible. It should be a single source of information about the field.

For more than 20 years, Network World has been the premier provider of information, intelligence and insight for network and IT executives responsible for the digital nervous systems of large organizations. Readers are responsible for designing, implementing and managing the voice, data and video systems their companies use to support everything from business critical applications to employee collaboration and electronic commerce.

Mineral Processing Design and Operations is expected to be of use to the design engineers engaged in the design and operation of mineral processing plants and including those process engineers who are engaged in flow-sheets development. Provides an orthodox statistical approach that helps in the understanding of the designing of unit processes. The subject of mineral processing has been treated on the basis of unit processes that are subsequently developed and integrated to form a complete strategy for mineral beneficiation. Unit processes of crushing, grinding, solid-liquid separation, flotation are therefore described in some detail so that a student at graduate level and operators at plants will find this book useful. Mineral Processing Design and Operations describes the strategy of mathematical modeling as a tool for more effective controlling of operations, looking at both steady state and dynamic state models. \* Containing 18 chapters that have several worked out examples to clarify process operations \* Filling a gap in the market

by providing up-to-date research on mineral processing \* Describes alternative approaches to design calculation, using example calculations and problem exercises

Fundamentals of Telemedicine and Telehealth provides an overview on the use of information and communication technologies (ICTs) to solve health problems, especially for people living in remote and underserved areas. With the advent of new technologies and improvement of internet connectivity, telehealth has become a new subject requiring a new understanding of IT devices and how to utilize them to fulfill health needs. The book discusses topics such as digitizing patient information, technology requirements, existing resources, planning for telehealth projects, and primary care and specialized applications. Additionally, it discusses the use of telemedicine for patient empowerment and telecare in remote locations. Authored by IMIA Telehealth working group, this book is a valuable source for graduate students, healthcare workers, researchers and clinicians interested in using telehealth as part of their practice or research. Presents components of healthcare that can be benefitted from remote access and when to rely on them Explains the current technologies and tools and how to put them to effective use in daily healthcare Provides legal provisions for telehealth implementation, discussing the risks of remote healthcare provision and cross border care Design a complete Voice over IP (VoIP) or traditional PBX system with Asterisk, even if you have only basic telecommunications knowledge. This bestselling guide makes it easy, with a detailed roadmap that shows you how to install and configure this open source software, whether you're upgrading your existing phone system or starting from scratch. Ideal for Linux administrators, developers, and power users, this updated edition shows you how to write a basic dialplan step-by-step, and brings you up to speed on the features in Asterisk 11, the latest long-term support release from Digium. You'll quickly gain working knowledge to build a simple yet inclusive system. Integrate Asterisk with analog, VoIP, and digital telephony systems Build an interactive dialplan, using best practices for more advanced features Delve into voicemail options, such as storing messages in a database Connect to external services including Google Talk, XMPP, and calendars Incorporate Asterisk features and functions into a relational database to facilitate information sharing Learn how to use Asterisk's security, call routing, and faxing features Monitor and control your system with the Asterisk Manager Interface (AMI) Plan for expansion by learning tools for building distributed systems Build a robust, high-performance telephony system with FreeSWITCH About This Book Learn how to install and configure a complete telephony system of your own, from scratch, using FreeSWITCH 1.6 Get in-depth discussions of important concepts such as dialplan, user directory, NAT handling, and the powerful FreeSWITCH event socket Discover expert tips from the FreeSWITCH experts, including the creator of FreeSWITCH—Anthony Minessale Who This Book Is For This book is for beginner-level IT professionals and enthusiasts who are interested in quickly getting a powerful telephony system up and running using FreeSWITCH. It would be good if you have some telephony experience, but it's not a must. What You Will Learn Build a complete WebRTC/SIP VoIP platform able to interconnect and process audio and video in real time Use advanced PBX features to create powerful dialplans Understand the inner workings and architecture of FreeSWITCH Real time configuration from database and webserver with mod\_xml\_curl Integrate browser clients into your telephony service Use scripting to go beyond the dialplan with the power and flexibility of a programming language Secure your FreeSWITCH connections with the help of effective techniques Deploy all FreeSWITCH features using best practices and expert tips Overcome frustrating NAT issues Control FreeSWITCH remotely with the all-powerful event socket Trace packets, check debug logging, ask for community and commercial help In Detail FreeSWITCH is an open source telephony platform designed to facilitate the creation of voice and chat-driven products, scaling from a soft-phone to a PBX and even up to an enterprise-class soft-switch. This book introduces FreeSWITCH to IT professionals who want to build their own telephony system. This book starts with a brief introduction to the latest version of FreeSWITCH. We then move on to the fundamentals and the new features added in version 1.6, showing you how to set up a basic system so you can make and receive phone calls, make calls between extensions, and utilize basic PBX functionality. Once you have a basic system in place, we'll show you how to add more and more functionalities to it. You'll learn to deploy the features on the system using unique techniques and tips to make it work better. Also, there are changes in the security-related components, which will affect the content in the book, so we will make that intact with the latest version. There are new support libraries introduced, such as SQLite, OpenSS, and more, which will make FreeSWITCH more efficient and add more functions to it. We'll cover these in the new edition to make it more appealing for you. Style and approach This easy-to-follow guide helps you understand every topic easily using real-world examples of FreeSWITCH tasks. This book is full of practical code so you get a gradual learning curve.

Threats come from a variety of sources. Insider threats, as well as malicious hackers, are not only difficult to detect and prevent, but many times the authors of these threats are using resources without anybody being aware that those threats are there. Threats would not be harmful if there were no vulnerabilities that could be exploited. With IT environments becoming more complex every day, the challenges to keep an eye on all potential weaknesses are skyrocketing. Smart methods to detect threats and vulnerabilities, as well as highly efficient approaches to analysis, mitigation, and remediation, become necessary to counter a growing number of attacks against networks, servers, and endpoints in every organization. In this IBM® Redbooks® publication, we examine the aspects of the holistic Threat and Vulnerability Management component in the Network, Server and Endpoint domain of the IBM Security Framework. We explain the comprehensive solution approach, identify business drivers and issues, and derive corresponding functional and technical requirements, which enables us to choose and create matching security solutions. We discuss IBM Security Solutions for Network, Server and Endpoint to effectively counter threats and attacks using a range of protection technologies and service offerings. Using two customer scenarios, we apply the solution design approach and show how to address the customer requirements by identifying the corresponding IBM service and software products.

In the world of DIE, the players are now real players. Countries are their pieces, and the board threatens to run red with

blood. Who is the Queen, and who are pawns? Who's playing to win? Who's forgotten what they're playing for? And what will they do when they're reminded of the real stakes? The critically acclaimed dark fantasy smash hit goes epic in its third volume. Collects DIE #11-15

When beautiful but aloof Claire Harkness is found dead in her dorm room one spring morning, prestigious Armitage Academy is shaken to its core. Everyone connected to school, and to Claire, finds their lives upended, from the local police detective who has a personal history with the academy, to the various faculty and staff whose lives are immersed in the daily rituals associated with it. Everyone wants to know how Claire died, at whose hands, and more importantly, where the baby that she recently gave birth to is--a baby that almost no one, except her small innermost circle, knew she was carrying. At the center of the investigation is Madeline Christopher, an intern in the English department who is forced to examine the nature of the relationship between the school's students and the adults meant to guide them. As the case unravels, the dark intricacies of adolescent privilege at a powerful institution are exposed, and both teachers and students emerge as suspects as the novel rushes to its thrilling conclusion. With *The Twisted Thread*, Charlotte Bacon has crafted a gripping and suspenseful story in the tradition of Donna Tartt's *The Secret History*, one that pulls back the curtain on the lives of the young and privileged.

This series is devoted to the publication of monographs, lecture resp. seminar notes, and other materials arising from programs of the OSU Mathematical Research Institute. This includes proceedings of conferences or workshops held at the Institute, and other mathematical writings.

Health care is primarily about people-to-people interactions. It is about understanding, diagnosis, physical contact, communication, and, ultimately, providing care. By bringing people together, telecommunication technologies have the potential to improve both the quality of and access to health care in the remotest areas of the developing world.

Telemedicine offers solutions for emergency medical assistance, long-distance consultation, administration and logistics, supervision and quality assurance, and education and training for healthcare professionals and providers. This book aims to redress the relative lack of published information on successful telehealth solutions in the developing world. It presents real-life stories from Asia, Africa, and Latin America. It is rich in practical experience and will be of interest to health professionals, development workers, and e-health and telehealth proponents interested in learning about, or contributing to the implementation of, appropriate solutions for 80% of the world's population.

From the authors of the bestselling *Hack Proofing Your Network! OPEC, Amazon, Yahoo! and E-bay: If these large, well-established and security-conscious web sites have problems, how can anyone be safe? How can any programmer expect to develop web applications that are secure? Hack Proofing Your Web Applications* is the only book specifically written for application developers and webmasters who write programs that are used on web sites. It covers Java applications, XML, ColdFusion, and other database applications. Most hacking books focus on catching the hackers once they've entered the site; this one shows programmers how to design tight code that will deter hackers from the word go. Comes with up-to-the-minute web based support and a CD-ROM containing source codes and sample testing programs  
Unique approach: Unlike most hacking books this one is written for the application developer to help them build less vulnerable programs

Build robust high-performance telephony systems using FreeSWITCH

*Skype for Business Unleashed* This is the most comprehensive, realistic, and useful guide to Skype for Business Server 2015, Microsoft's most powerful unified communications system. Four leading Microsoft unified communications consultants share in-the-trenches guidance for planning, integration, migration, deployment, administration, and more. The authors thoroughly introduce Skype for Business 2015's components and capabilities, as well as changes and improvements associated with the integration of popular Skype consumer technologies. You'll find detailed coverage of IP voice, instant messaging, conferencing, and collaboration; and expert guidance on server roles, multi-platform clients, security, and troubleshooting. Reflecting their unsurpassed experience, the authors illuminate Microsoft's new cloud-based and hybrid cloud architectures for unified communications, showing how these impact networking, security, and Active Directory. They cover SDN for unified communications; interoperation with consumer Skype and legacy video conferencing; quality optimization, mobile improvements, and much more. Throughout, the authors combine theory, step-by-step configuration instructions, and best practices from real enterprise environments. Simply put, you'll learn what works—and how it's done. Detailed Information on How To · Plan deployments, from simple to highly complex · Deploy Skype for Business Server 2015 as a cloud or cloud-hybrid solution · Walk step by step through installation or an in-place upgrade · Overcome "gotchas" in migrating from Lync Server 2010 or 2013 · Leverage new features available only in cloud or cloud-hybrid environments · Implement and manage Mac, mobile, Windows, browser, and virtualized clients · Establish server roles, including front end, edge, and mediation server · Make the most of Skype for Business Server 2015's enhanced mobile experience · Manage external dependencies: network requirements, dependent services, and security infrastructure · Efficiently administer Skype for Business Server 2015 · Provide for high availability and disaster recovery · Integrate voice, telephony, and video, step by step · Avoid common mistakes, and discover expert solutions and workarounds  
Category: Business Applications Covers: Skype for Business User Level: Intermediate—Advanced  
Network World

This soup-to-nuts collection of recipes covers everything you need to know to perform your job as a Linux network administrator, whether you're new to the job or have years of experience. With *Linux Networking Cookbook*, you'll dive straight into the gnarly hands-on work of building and maintaining a computer network. Running a network doesn't mean you have all the answers. Networking is a complex subject with reams of reference material that's difficult to keep straight, much less remember. If you want a book that lays out the steps for specific tasks, that clearly explains the commands and configurations, and does not tax your patience with endless ramblings and meanderings into theory and

obscure RFCs, this is the book for you. You will find recipes for: Building a gateway, firewall, and wireless access point on a Linux network Building a VoIP server with Asterisk Secure remote administration with SSH Building secure VPNs with OpenVPN, and a Linux PPTP VPN server Single sign-on with Samba for mixed Linux/Windows LANs Centralized network directory with OpenLDAP Network monitoring with Nagios or MRTG Getting acquainted with IPv6 Setting up hands-free networks installations of new systems Linux system administration via serial console And a lot more. Each recipe includes a clear, hands-on solution with tested code, plus a discussion on why it works. When you need to solve a network problem without delay, and don't have the time or patience to comb through reference books or the Web for answers, Linux Networking Cookbook gives you exactly what you need.

This is a comprehensive collection of proven strategies and tools for effective online teaching, based on the principles of learning as a social process. It offers practical, contemporary guidance to support e-learning decision-making, instructional choices, as well as program and course planning, and development.

This new edition has been fully revised to provide undergraduate medical students with the latest information in the field of ENT. Beginning with an introduction to the importance of thorough history taking, the following chapters explain examination techniques for different sections of the head – oral cavity, nose, ear, salivary glands, tonsils and pharynx, larynx, neck, thyroid gland, and cranial nerves. The book then discusses X-Ray interpretation, operative procedures and instruments, audiology, calorimetry, and applied anatomy of bones. The final sections of this practical guide provide FAQs for quick revision and case presentations to assist learning. The book is further enhanced by clinical photographs, diagrams and tables. Key points Fully revised, third edition providing undergraduates with practical guide to ENT Covers history taking, examination techniques for all sections of the head, X-Rays, operative procedures, applied anatomy, and more Features FAQs and case presentations for quick revision Previous edition published in 2013

An inspirational story of a man who overcame obstacles and challenges to achieve his dreams. In an accident in 1980, Limbie, a healthy young man, was reduced to a quadriplegic. Read through his fears, sorrow, hope and courage in this heart-open honest book.

There are hundreds--if not thousands--of techniques used to compromise both Windows and Unix-based systems. Malicious code and new exploit scripts are released on a daily basis, and each evolution becomes more and more sophisticated. Keeping up with the myriad of systems used by hackers in the wild is a formidable task, and scrambling to patch each potential vulnerability or address each new attack one-by-one is a bit like emptying the Atlantic with paper cup. If you're a network administrator, the pressure is on you to defend your systems from attack. But short of devoting your life to becoming a security expert, what can you do to ensure the safety of your mission critical systems? Where do you start? Using the steps laid out by professional security analysts and consultants to identify and assess risks, Network Security Assessment offers an efficient testing model that an administrator can adopt, refine, and reuse to create proactive defensive strategies to protect their systems from the threats that are out there, as well as those still being developed. This thorough and insightful guide covers offensive technologies by grouping and analyzing them at a higher level--from both an offensive and defensive standpoint--helping administrators design and deploy networks that are immune to offensive exploits, tools, and scripts. Network administrators who need to develop and implement a security assessment program will find everything they're looking for--a proven, expert-tested methodology on which to base their own comprehensive program--in this time-saving new book.

The Red Team Field Manual (RTFM) is a no fluff, but thorough reference guide for serious Red Team members who routinely find themselves on a mission without Google or the time to scan through a man page. The RTFM contains the basic syntax for commonly used Linux and Windows command line tools, but it also encapsulates unique use cases for powerful tools such as Python and Windows PowerShell. The RTFM will repeatedly save you time looking up the hard to remember Windows nuances such as Windows wmic and dsquery command line tools, key registry values, scheduled tasks syntax, startup locations and Windows scripting. More importantly, it should teach you some new red team techniques.

Why are we the way we are? For over a hundred years psychologists have been conducting scientific experiments to find out. The Rough Guide to Psychology starts with you, your mind and brain, broadens out to your friends and other relationships, then onto crowds, mobs and religion. There are also sections on real-life psychology, showing how the latest research is relevant to crime, schooling, sports, politics, shopping, and health. There are opportunities to test your own memory, intelligence, personality, and much more, as well as advice on everything from pick-up lines to creativity. This book takes a fresh look at the classic cases and studies, from Phineas Gage to Milgram, and combines this with a cutting-edge round-up of the latest research. The last section deals with what happens when the mind falters, covering depression, anxiety, schizophrenia, as well as more unusual conditions. Care is taken throughout to ensure conclusions are tied to the latest high quality psychological science.

This book describes the current state of international grape genomics, with a focus on the latest findings, tools and strategies employed in genome sequencing and analysis, and genetic mapping of important agronomic traits. It also discusses how these are having a direct impact on outcomes for grape breeders and the international grape research community. While *V. vinifera* is a model species, it is not always appreciated that its cultivation usually requires the use of other *Vitis* species as rootstocks. The book discusses genetic diversity within the *Vitis* genus, the available genetic resources for breeding, and the available genomic resources for other *Vitis* species. Grapes (*Vitis vinifera* spp. *vinifera*) have been a source of food and wine since their domestication from their wild progenitor (*Vitis vinifera* ssp. *sylvestris*) around 8,000 years ago, and they are now the world's most valuable horticultural crop. In addition to being economically important, *V. vinifera* is also a model organism for the study of perennial fruit crops for two reasons: Firstly, its ability to be transformed and micropropagated via somatic embryogenesis, and secondly its relatively small genome size of 500 Mb. The economic importance of grapes made *V. vinifera* an obvious early candidate for genomic sequencing, and accordingly, two draft genomes were reported in 2007. Remarkably, these were the first genomes of any fruiting crop to be sequenced and only the fourth for flowering plants. Although riddled with gaps and potentially omitting large regions of repetitive sequences, the two genomes have provided valuable insights into grape genomes. Cited in over 2,000 articles, the genome has served as a reference in more than 3,000 genome-wide transcriptional analyses. Further, recent advances in DNA sequencing and bioinformatics are enabling the assembly of reference-grade genome references for more grape genotypes revealing the exceptional extent of structural variation in the species.

Since the publication of the best-selling first edition of The Satellite Communication Applications Handbook, the satellite communications industry has experienced explosive growth. Satellite radio, direct-to-home satellite television, satellite telephones, and satellite guidance for automobiles are now common and popular consumer products. Similarly, business, government, and defense organizations now rely on satellite communications for day-to-day operations. This second edition covers all the latest advances in satellite technology and applications including direct-to-home broadcasting, digital audio and video, and VSAT networks. Engineers get the latest technical insights into operations, architectures, and systems components.

For MIS specialists and nonspecialists alike, a comprehensive, readable, understandable guide to the concepts and applications of decision

support systems.

[Copyright: 47ee06936065bae2943adbe2ede058a6](#)