

Racgp Guidelines

The third edition of Jarvis's Health Assessment and Physical Examination is an ideal text for undergraduate nursing students new to health assessment and registered nurses wishing to further develop and refine their skills. Advanced health assessment skills are described and will be useful for Nurse Practitioner candidates. The textbook is colour-coded and easy to follow. Each chapter sets out the eight key elements of health assessment: structure and function, developmental considerations, social and cultural considerations, subjective data, objective data, promoting a healthy lifestyle, documentation and critical thinking and abnormal findings. Advanced concepts allow students to progress once they understand the basics. Edited by Helen Forbes and Elizabeth Watt, this comprehensive text has been adapted and updated by leading academics and expert clinicians across Australia and New Zealand. Comprehensive approaches to health assessment in nursing, incorporating anatomy, physiology and pathophysiology Detailed identification of relevant development, social and cultural considerations in the Australian and New Zealand context Increased focus on frameworks for health assessment Logical layout and colour coding to support learning An eBook included in all print purchases Additional resources on Evolve eBook on VitalSource Instructor resources: Test bank PPT slides Image collection Student and Instructor resources: Multiple choice review questions Weblinks Videos Increased content on screening for family violence and abuse and mental health assessment A suite of point of view videos demonstrating core health assessment techniques for some of the difficult skills and concepts related to health assessment examinations

Apart from major textbooks of infectious disease, there have been few books published specifically on guidelines related to antibiotics. This text provides a well established set of clinical practice guidelines on antibiotics. This text is well researched, concise and consistent in its presentation.

Health assessment is an ongoing process that evaluates the whole person as a physical, psychosocial and functional being, whether they are young or old, well or ill. This market-leading text presents health assessment, physical examination information and skills for health professionals who undertake these types of assessments. Health Assessment and Physical Examination is scaffolded from foundation to more advanced health assessment, following a body-systems approach and a 'head-to-toe' approach. It uses the ENAP (Examine–Normal–Abnormal–Pathophysiology) approach as a tool for students to collect useful information. An applied case study at the end of each chapter walks students through an example of an assessment. This comprehensive yet student-friendly text is noted for its high-quality case studies, pedagogical elements, and excellent student resources. Unique to this text are the advanced topics and

'Urgent findings', which highlights serious or life-threatening signs or critical assessment findings that need immediate attention.

Graduate nurses are expected to 'hit the ground running', taking on complex care challenges in a stressful and fast-paced environment. This comprehensive yet accessible textbook provides expert guidance for students and commencing nurses on the contexts for their practice. Part 1 presents a pragmatic insight into the intersection, tensions and complexities of practice and professional issues for Australian nurses. It outlines the nature of nursing roles and professional codes of conduct, national health priority areas and legal and ethical issues including the growing use of health informatics. There is an examination of the diverse career paths available in nursing, a focus on nurses' mental health and well-being and a special examination of Aboriginal and Torres Strait Islander health issues. Part 2 unpacks key issues across a range of clinical contexts that will be a key resource for clinical practicums. Contexts covered include acute care, community nursing, paediatric nursing, mental health nursing and aged care. Part 3 examines the professional and practice issues of nursing in diverse, distinctive and emergent practice areas including aesthetic nursing, military nursing and international nursing with case studies and vignettes highlighting common issues and challenges. Drawing on the expertise of a wide range of Australian clinical and academic nursing professionals, this text is a key reference for all nursing undergraduates seeking to enter successfully into the profession.

Acute Rheumatic Fever and Rheumatic Heart Disease is a concise, yet comprehensive, clinical resource highlighting must-know information on rheumatic heart disease and acute rheumatic fever from a global perspective. Covering the major issues dominating the field, this practical resource presents sufficient detail for a deep and thorough understanding of the latest treatment options, potential complications, and disease management strategies to improve patient outcomes. Divided into four distinct sections for ease of navigation: Acute Rheumatic Fever, Rheumatic Heart Disease, Population-Based Strategies for Disease Control, and Acute and Emergency Presentations. International editors and chapter authors ensure a truly global perspective. Covers all clinical aspects, including epidemiology, pathophysiology, clinical features, diagnosis, management, and treatment. Includes key topics on population-based measures for disease control for effective primary, secondary, and tertiary prevention. Consolidates today's available information and guidance into a single, convenient resource.

This highly valued quick reference guide returns in its fourth edition to provide practical and helpful strategies for responding effectively to those in crisis. Mental Health: A pocket guide delivers a comprehensive overview of the relevant concepts vital to contemporary mental health care. With a clear focus on the consumer, it covers the issues faced by people living with mental illness, as well as best practice approaches for primary health, first responders and

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multidisciplinary health care professionals. Practical strategies for commonly encountered situations Easy to access information presented in bullet point and table format A recovery and person-centred care approach throughout Case studies Guidance on medications, assessment tools and terminology An eBook included in all print purchases Increased consumer focus New chapter on trauma-informed practice and care New focus on loss and grief (including loss of employment, relationships, COVID and climate-related events) Increased focus on self-care, self-awareness and support strategies Greater emphasis on cultural awareness and working across the lifespan

The health of babies, children and young people is fundamentally different from that of adults, so their healthcare must reflect their unique needs and engage their parents, family members and communities. *Paediatric Nursing in Australia and New Zealand* introduces nursing students to the care of infants, children, young people and their families in a range of clinical and community settings across Australasia. This third edition includes New Zealand content and an increased focus on families. New chapters cover health services available for Aboriginal, Torres Strait Islander and Māori children, the transition to parenthood for new families, children's sleep patterns and behaviour, and paediatric health in school settings. Case studies and reflective questions encourage students to develop critical thinking and problem-solving skills. Written by an expert team, *Paediatric Nursing in Australia and New Zealand* equips future nurses with the knowledge and skills to provide evidence-based care to babies, children and their families.

Volume 2 of 2 - With more than 5,100 listings of grants programs from 1,880 sponsors, the *Directory of Research Grants* is a comprehensive directory of grants available to researchers in every field of study. The directory has a broad focus, featuring grants for basic research, equipment acquisition, building construction/renovation, fellowships, and 23 other program types. Government grants include CFDA, NSF and NIH program numbers. Each record includes grant title, description, requirements, amount, application deadline, contact information (phone, fax and email), web address, sponsor name and address, and samples of awarded grants (when available). Printed in two volumes, each with extensive indexes - subject, program type and geographic to help you to identify the right program quickly.

Written by Gwyn O'Toole, *Communication: Core Interpersonal Skills for Healthcare Professionals 4e* is an essential guide to clear and effective communication in a multidisciplinary healthcare setting. Divided into four sections, the fourth edition challenges the reader to reflect upon their personal communication style and habits; introduces strategies and skills to enhance future practice, and encourages the development of confidence through activities, scenarios and case studies. This fully revised fourth edition will appeal to health science students and clinicians seeking to communicate more effectively in an increasingly complex healthcare environment. Increased focus on digital communication - includes overviews and tips on navigating professional and personal electronic media Individual and group activities throughout to encourage skill development, reflection and awareness of self and others An extensive suite of scenarios – practice and apply your communication skills using realistic situations and individuals that

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healthcare professionals encounter in clinical practice Chapter 5 The specific goals of communication for healthcare professionals: Effective conclusions of interactions and services: Negotiating closure Chapter 20 Remote telecommunication or telehealth: The seen, but not-in-the-room healthcare professional Chapter 23 - Person/s experiencing neurogenic or psychological shock Chapter 25 - A Person/s fulfilling the role of a grandparent Chapter 26 - Person/s with a spinal injury Chapter 27 - A Person/s living in a residential aged care facility

Knowledge-in-Practice in the Caring Professions explores the nature and role of knowledge in the practical work of the caring professions. It focuses on knowledge of the practical over the theoretical, looking at the application of theory and the implementation of skill, judgment and discretion. Containing contributions from experts in a variety of fields, the research within this book offers a unique perspective on professional practice as multi-disciplinary, illustrating shared and overlapping understandings in knowledge-in-practice between the different professions as well as understandings that are distinctive to each discipline. It underlines that in order to effectively address the range of social, psychological and health problems facing contemporary societies, professionals need to engage in cooperative models of practice.

Immunization during pregnancy with currently recommended vaccines prevents infection in the mother, the unborn fetus, and the young infant, and there is an increasing focus from different stakeholders to use this approach for other infections of importance to protect these vulnerable groups. The aim of this Maternal Immunization book is to provide a contemporary overview of vaccines used in pregnancy (and the lactation period), with emphasis on aspects of importance for the target groups, namely, rationale for the use of vaccines in pregnancy, safety, immunogenicity (immunology), timing to vaccinate, repeat doses, protective effects in the mother, fetus, and infant, and public acceptance and implementation, of existing and of future vaccines. Provides an overview of a quickly evolving topic. This will benefit the reader who wishes to rapidly become informed and up-to-date with new developments in this field Suitable to a broad audience: scientific researchers, obstetricians, gynecologists, neonatologists, vaccinators, pediatricians, students, and industry. Maternal vaccination impacts a wide range of specialists Allows health care professionals/researchers to gain insight into other aspects of vaccination in pregnancy outside of their specialism Is coauthored by specialists from multiple disciplines, providing a diverse view of the subject, increasing its interest and appeal Creates awareness of the current developments in this area of medicine and of the potential of maternal vaccination to improve the health of mothers and infants worldwide

A comprehensive medical textbook taking a holistic approach to contemporary general practice This e-book takes an integrative approach to the diagnosis, investigation and management of health issues in the general practice environment. General Practice: The integrative approach e-book version covers the philosophy underpinning modern-day general practice, including primary and secondary prevention as well as acute and chronic disease management. This comprehensive e-book informs doctors of potential treatment and prevention options, as well as possible pitfalls, according to the growing integrative medicine evidence base. The first section of General Practice: The integrative approach e-book lays the foundations of integrative medicine while the second

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examines important medical conditions in a systems-based approach. Each chapter in this valuable health resource outlines required medical and consulting knowledge, while discussing physiology and pharmacological management plans of systems-based conditions. An evidence-based discussion of the available therapeutic options for the treatment of associated factors follows. This helps medical practitioners adapt their approach for individual patient needs. General Practice: The integrative approach e-book features contributions from experts in Chinese medicine, herbal medicine, nutritional medicine, naturopathy, and exercise therapy – all of whom incorporate their expertise into management plans that utilise multiple therapeutic modalities to achieve the best clinical outcome.

- incorporates evidence-based and safe therapies including conventional medical care, lifestyle interventions and complementary therapies
- is directed at best practice rather than alternative practice
- focuses on prevention and health promotion
- a symptomatic layout matching the approach of contemporary medical curriculum
- each therapeutic modality and therapeutics contributor is coded with an icon for easy modality reference
- a unique chapter covering medico-legal issues
- a ready reference herb/drug interaction chart
- expert authors include Dr Kerryn Phelps, well-known Australian medical practitioner and President of the Australasian Integrative Medicine Association (AIMA)

This book examines the health system response to the rising burden of chronic disease in eight countries. It provides a detailed assessment of the current situation, a description of the policy framework and future scenarios, as well as evaluation and lessons learned.

Breast cancer, its causes, early detection and treatment have received considerable attention, since this widespread disease is one of the most important health concerns for women. This book provides a comprehensive overview of the diagnostic and therapeutic aspects of the management of early-stage breast cancer, including essential information on basic topics like pathology, and radiology, as well as the latest developments. Further, it discusses all aspects of surgical care, chemotherapy and radiation therapy, together with the controversies and current management guidelines. Helping readers acquire a deep, holistic understanding of the topic, the book is a valuable resource for practitioners and postgraduate students in the field of gynecologic oncology. Moreover, it is a useful aid to decision-making in day-to-day practice for oncologists, residents, fellows and experienced practitioners.

The Handbook of Chronic Kidney Disease Management focuses on practical aspects of managing patients with mild to moderate Chronic Kidney Disease (CKD), incorporating the expertise of cardiologists, endocrinologists, general internists, and nephrologists. Chapters include case vignettes and management algorithms, and treatment recommendations reconcile recently published clinical guidelines from NKF, AHA, NCEP, and ADA. In addition, treatment recommendations in this handbook take into account the realities of reimbursements in the U.S.

Vitamin D is the topic for many discussions in the scientific community. Nowadays, a different interpretation of this secosteroid hormone is needed. Today the term "vitamin" may be considered outdated. This compound may be correctly be called a vitamin only when it is administered to humans or animals that suffer from its deficiency. This book attempts to clarify the role of Vitamin D

deficiency in many pathological processes in the whole organism. Chapters in this book cover such issues as the earliest clinical and preclinical investigations of the consequences of Vitamin D deficiency for cognitive, cardiovascular, metabolic, immune, and renal disorders.

A vital member of the health care team, the contemporary enrolled nurse faces increasing challenges and an increasing level of responsibility. Written specifically for Australian and New Zealand enrolled nurse students, this long awaited new edition reflects the changes and challenges in contemporary enrolled nurse practice as well as the additions and modifications that are occurring in nursing curricula. Tabbner's Nursing Care: Theory and Practice 5th edition has been written, reviewed and edited by the people who educate the enrolled nurse and continues to provide enrolled nurse students with the most comprehensive resource available. Measuring Capacity to Care Using Nursing Data presents evidence-based solutions regarding the adoption of safe staffing principles and the optimum use of operational data to enable health service delivery strategies that result in improved patient and organizational outcomes. Readers will learn how to make better use of informatics to collect, share, link and process data collected operationally for the purpose of providing real-time information to decision- makers. The book discusses topics such as dynamic health care environments, health care operational inefficiencies and costly events, how to measure nursing care demand, nursing models of care, data quality and governance, and big data. The content of the book is a valuable source for graduate students in informatics, nurses, nursing managers and several members involved in health care who are interested in learning more about the beneficial use of informatics for improving their services. Presents and discusses evidences from real-world case studies from multiple countries Provides detailed insights of health system complexity in order to improve decision- making Demonstrates the link between nursing data and its use for efficient and effective healthcare service management Discusses several limitations currently experienced and their impact on health service delivery

The aim of the book is to provide a comprehensive General Practice text book which takes a contemporary, integrative approach to diagnosis, investigation and management of health issues and disease states encountered in the general practice environment. The book will cover the philosophy underpinning general practice in the 21st Century, and deal with primary and secondary prevention as well as acute and chronic disease management. General Practice: The Integrative Approach will inform doctors as fully as possible about potential treatment and prevention options, as well as potential pitfalls according to the growing evidence base in this area. The book is directed at best practice rather than alternative practice. The first section of the textbook lays the foundations and principles of Integrative Medicine and the second section examines important medical conditions in a systems based approach. Each chapter begins by detailing the allopathic medical and consulting knowledge required of a standard GP text, discussing physiology and pharmacological management plans of systems-based conditions. The chapter then leads into an evidence-based discussion of the therapeutic options available for the treatment of associated factors, essentially providing practitioners with the knowledge required to adapt their approach to meet the needs of the individual patient. A national panel of experts with experience in Chinese medicine, herbal medicine, nutritional medicine, naturopathy, and exercise therapy have

contributed to their various fields of expertise to incorporate management plans that utilise a variety of therapeutic modalities to achieve the best clinical outcome. Incorporates evidence-based and safe therapies including conventional medical care, lifestyle interventions, complementary therapies. Approach is holistic in focus Focuses on prevention and health promotion Symptomatic layout matches the approach of contemporary medical curriculum Each therapeutic modality and therapeutics contributor will be allocated an icon, throughout the book the icon will appear near the corresponding therapeutics text for easy modality reference Unique chapter - Integrative Medicine and the Law - covering medico-legal issues. Ready reference herb/drug interaction chart Integrative Medicine - General Practice the Integrative Approach Series. This chapter introduces the concept of integrative medicine and the healthcare revolution. The emergence of evidence-based medicine and, more recently, evidence-based complementary medicine is challenging many previously held notions of best practice. As evidence emerges, many Western medical therapies are being confirmed as correct, or challenged as ineffective or harmful. Similarly, many complementary therapies are being confirmed as correct, while others are being found ineffective or harmful. Such is the inevitable evolution of healthcare. It is also important that evidence-based healthcare at very level be considered a 'work-in-progress', whether it is in the discovery of the genetic basis of disease, the development of previously untested technology or the clinical application of a treatment. The nature of scientific research is such that new information becomes available at a great rate, and that knowledge often changes the status quo. It is in the GP's consulting room that patients ideally have the opportunity to explore what is likely to be the best option for their healthcare. We see the gamut of health concerns, from a person wanting a check-up and interested in doing more to maintain good health, to a patient who is symptomatic and wanting a diagnosis and treatment, or a patient with an established diagnosis who is looking for either a cure or a way of optimising their wellbeing as they live with their illness.

A pioneering local textbook covering curriculum requirements for Complementary and Alternative Medicine (CAM) students. Legal, ethical, and professional practice issues are essential curriculum components of all Complementary and Alternative Medicine courses. Statutory bodies, professional associations, educational institutions and accreditation authorities require the incorporation of such content into CAM study. This has created the need for a definitive guide written specifically for Australian students according to CAM curriculum requirements. Essentials of Law, Ethics and Professional Issues for CAM is the only local textbook which deals comprehensively with legal, ethical and professional practice issues for Complementary and Alternative Medicine (CAM) students. This timely medical text takes a multidisciplinary approach, and is written by authors who are both academics and practitioners, with contributing authors for individual CAM modalities. Essentials of Law, Ethics and Professional Issues for CAM is ideal for students, trainees and even practitioners in various modalities, including naturopathy, traditional Chinese medicine, massage, osteopathy, chiropractic and western herbal medicine. presents a combined solution for professional practice courses which cover legal, ethical and professional practice considerations is the only local book to address these issues for modalities considered by COAG for regulation and registration designed to meet the needs of CAM students at Diploma, Bachelor and Coursework Masters levels case studies, alert boxes, tips and explanations contained throughout includes integrative practice

considerations

This book is a printed edition of the Special Issue "Dietary Supplements" that was published in *Nutrients*. This third edition continues that tradition and has new topics drawn from advice we received from Aboriginal Community Controlled Health Services and users of the National Guide. Our user survey resulted in 554 responses from general practitioners (GPs) and other healthcare providers across Australia. With this feedback, we were able to commission authors with expertise on topics such as child health and wellbeing and fetal alcohol spectrum disorder, as well as on other topics important to Aboriginal and Torres Strait Islander peoples. All the revised chapters were sent to external experts and relevant peak bodies across Australia. The support we have received in developing this National Guide has been phenomenal.

The 5th edition of this highly regarded text has a new title and approach which builds on the foundations of previous editions to acknowledge mental health as essential to holistic nursing practice in every setting. Written by Kim Foster, Peta Marks, Anthony O'Brien and Toby Raeburn - a team of highly respected mental health nursing educators, researchers and clinicians, the new edition has been carefully reorganised to reflect contemporary mental health nursing practice and highlight the value of consumer perspectives. With a key focus on specialist mental health nursing, the new chapters introduce the integration of mental health nursing knowledge and skills across a range of generalist and mental health clinical settings. *Mental Health in Nursing, 5th edition* is an invaluable resource for all nursing students, whatever their practice area.

- Consumer perspectives provided by Jarrad Hickmott, Lived Experience Consultant
- Historical anecdotes encourage reflection and understanding of contemporary mental health nursing practice
- An eBook included in all print purchases
- Additional resources on evolve
- eBook on VitalSource
- Instructor resources:
- Test bank - MCQ's (with answers and rationales)
- Discussion questions
- Image collection
- Student and Instructor resources:
- Consumer stories (a selection of videos from *Stories in Mental Health*)
- Weblinks

Restructured and presented in 3 parts:

- Section 1: Positioning Practice describes the context and importance of nursing in mental health and includes a new chapter on self-care
- Section 2: Knowledge for Practice addresses the specialist practice of mental health nursing. Each chapter examines specific mental health conditions, assessment, nursing management and relevant treatment approaches
- Section 3: Contexts of practice features scenario-based chapters with a framework to support mental health screening, assessment, referral and support, across a range of clinical settings

Encyclopedia of Biomedical Gerontology presents a wide range of topics, ranging from what happens in the body during aging, the reasons and mechanisms relating to those age-related changes, and their clinical, psychological and social modulators and determinants. The book covers the biological and medical aspects of gerontology within the general

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framework of the biological basis of assessing age, biological mechanisms of aging, age-related changes in biological systems, human age-related diseases, the biomedical practicality and impracticality of interventions, and finally, the ethics of intervention. Provides a 'one-stop' resource to information written by world-leading scholars in the field of biomedical gerontology Fills a critical gap of information in a field that has seen significant progress in the last 10 years Learn the science and master the art of telling a great story Stories for Work walks you through the science of storytelling, revealing the secrets behind great storytellers and showing you how to master the art of storytelling in business. Stories hold a unique place in our psyche, and the right story at the right time can be a game-changer in business; whether tragedy, triumph, tension or transition, a good story can captivate the listener and help you achieve your goals. In this book, author Gabrielle Dolan draws from a decade of training business leaders in storytelling to show you what works, why it works, when it works best and what never works. You'll learn how to create your own stories — authentically yours, crafted to attain your goal — and develop an instinct for sharing when the time is right. In-depth case studies feature real-world people in real-world businesses, showing how storytelling has changed the way they work, motivate and lead — providing clear examples of the power of this enormously effective skill. Storytelling gives you an edge. Whether you're after a promotion, a difficult client, a big sale or leading through transition, a great story can help you smooth the road and seal the deal. This book is your personal coach for masterful storytelling, with expert guidance and lessons learned from real-world business leaders. Learn why storytelling grabs attention and helps your message get through Master the four types of stories used in business settings Infuse your stories with the personal to highlight your vision and values Craft a selection of stories to pull out at pivotal business moments The oral tradition has ancient roots that unite all humans, and despite our myriad modern distractions, we still respond to a well-told story. Stories for Work helps you put this dynamic to work for you in any business scenario.

The Royal Children's Hospital, Melbourne is a leading clinical and training centre in paediatrics. This Handbook is a highly popular, succinct guide to managing common and serious disorders in childhood. It is used far beyond the hospital by medical, nursing, and allied health professionals caring for children. It emphasizes the community-based approach to the management of children's problems along with clinical management by the doctor of first contact. This new 8th edition has been updated in line with the Hospital's Clinical Practice Guidelines and features clear illustrations and diagnostic and management algorithms. The must have management guide for all paediatric clinicians and students With today's busy clinician requiring an reliable, 'one-stop-shop' to questions on important paediatric conditions, who better to present the latest edition of a popular paediatric handbook than the team at The Royal Children's Hospital, Melbourne, long-regarded as the leading clinical and training centre for Paediatric Medicine in Australia? Some of the exciting new

features of the 8th edition include: • New chapters on sleep, continence, slow weight gain (failure to thrive) and obesity • Extensively revised chapters on renal conditions, pain management and immigrant health • New topics on continuous subcutaneous insulin infusion (pumps), cystic fibrosis, stroke and management of illicit drug poisoning • Links to useful internet websites are now included, indicated by a www symbol in the text margins • A new supplementary website at www.rchhandbook.org • Resuscitation guide and Australian Immunisation schedule on inside covers Besides being a clinical management guide to paediatrics, this is also an excellent supplemental handbook for students, junior medical staff and any medical practitioners needing a tool to enable fast decisions at point of care. Review of the previous edition “ This is an excellent handbook, which is most comprehensive and easy to use. It is highly recommended for all resident and registrar staff in paediatric hospitals and paediatric units. “ - Journal of Paediatric Child Health

A vital member of the health care team, the contemporary enrolled nurse faces increasing challenges and an increasing level of responsibility. Written specifically for Australian and New Zealand enrolled nurse students, this long awaited new edition reflects the changes and challenges in contemporary enrolled nurse practice as well as the additions and modifications that are occurring in nursing curricula. Taberner's Nursing Care: Theory and Practice 5th edition has been written, reviewed and edited by the people who educate the enrolled nurse and continues to provide enrolled nurse students with the most comprehensive resource available.

In a world where illness seems to be everywhere, where does failing biology stop and personal responsibility begin? Nostalgia used to be a killer nervous condition. Women who were considered overly emotional were once treated with a good orgasm, left-handed folk were beaten to be turned & 'right', and rotten teeth were pulled to cure the mentally unwell. Just who made these diseases & 'diseases' anyway? And what makes us think we understand any better today? Unwell is a fascinating and insightful exploration of the ever-changing nature of illness. Using humour, historical anecdotes, scientific research and personal stories, McRae illuminates the power of disease and medical diagnoses to define who we are and how we live. In a time when extreme violence is blamed on poor mental health, when people suffer for want of health insurance, and research dollars depend on sharp marketing campaigns, understanding the social and cultural nature of disease is vital for our wellbeing &— and the wellbeing of our community.

For anyone trying to understand the impossible strains placed on our medical workers during the COVID-19 pandemic, this book is indispensable. _____ 'A furious dispatch from the front line of the hospital system.' THE TIMES, Book of the Week _____ Doctors are the people we turn to in our darkest moments. We trust them with our lives. But what does that stress do to a person? What does it take to confront death, disease, distress and suffering every day? To work in a healthcare system stretched to breaking point? To make

decisions that will change lives – or possibly end them? And how do doctors cope with their own questions and fears, when they are expected to have all the answers? Caroline Elton is a psychologist who, for two decades, has specialised in helping doctors: the obstetrician whose own fertility treatment failed; the trainee oncologist struggling to face patients with the disease that killed her father; the brilliant neurosurgeon whose career stalled in an environment hostile to women; and many more. Drawing on extraordinary case studies and decades of work supporting clinicians, *Also Human* presents a provocative, perceptive and deeply humane examination of the modern medical profession.

'Written with perceptive sympathy for the wounded healer, it is necessary reading for both doctors and patients.' HILARY MANTEL 'Crucial and timely.' ATUL GAWANDE 'Fascinating and troubling. Read it and weep.' SUSIE ORBACH 'Haunting, beautiful and urgent.' JOHANN HARI 'At the heart of this book is the problem of how emotional resilience can be identified in prospective doctors and strengthened in practising doctors. We are fallible human beings, not omniscient gods.' HENRY MARSH, SUNDAY TIMES

These guidelines provide recommendations that outline the critical aspects of infection prevention and control. The recommendations were developed using the best available evidence and consensus methods by the Infection Control Steering Committee. They have been prioritised as key areas to prevent and control infection in a healthcare facility. It is recognised that the level of risk may differ according to the different types of facility and therefore some recommendations should be justified by risk assessment. When implementing these recommendations all healthcare facilities need to consider the risk of transmission of infection and implement according to their specific setting and circumstances.

Ever wondered if your patient's new symptoms are a manifestation of metastatic disease, treatment effects or are altogether unrelated to the cancer diagnosis; whether herbal remedies interact with cancer treatment; when to refer for genetic testing; or how to provide informed advice regarding dietary and lifestyle modifications? This volume answers these and many other questions, spanning from cancer prevention to palliative care. Each chapter is comprehensively referenced, to allow the reader to explore related fields in more detail. The book is unique in summarizing a large amount of information that is beyond conventional oncology textbooks. While cancer is treated by multidisciplinary teams of medical oncologists, hematologists, surgeons and radiation oncologists, other specialists are called upon to treat symptoms, side effects or other diseases that can occur concurrently with cancer. In addition to the physical challenges brought about by a cancer diagnosis, patients and their relatives need sensitive and skilled psychosocial support throughout the cancer journey. The book brings together specialists from a wide range of medical, surgical, psychological and supportive specialties, while keeping the focus on the interdisciplinary management of cancer. Contents: Cancer

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Prevention: Cancer and the Epidemiologist
Interdisciplinary Management Issues in Cancer Treatment: Beyond Cancer Treatment
Cancer and the Surgeon
Cancer and the Physician
Cancer and the Geneticist
Surviving Cancer: Survivorship Issues
Cancer, Palliative Care and End of Life Issues
Readership: Practicing medical, surgical and radiation oncologists; hematologists; psychologists; basic and advanced trainees; primary care practitioners; nurses; medical students; and others interested in the field of oncology. Keywords: Cancer; Prevention; Chemotherapy; Radiotherapy Surgery; Palliative Care; Side Effects; Psycho-oncology; Complementary Medicine

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