

Self Management For Actors Getting Down To Show Business Bonnie Gillespie

Amoral, cunning, ruthless, and instructive, this multi-million-copy New York Times bestseller is the definitive manual for anyone interested in gaining, observing, or defending against ultimate control – from the author of *The Laws of Human Nature*. In the book that *People* magazine proclaimed “beguiling” and “fascinating,” Robert Greene and Joost Elffers have distilled three thousand years of the history of power into 48 essential laws by drawing from the philosophies of Machiavelli, Sun Tzu, and Carl Von Clausewitz and also from the lives of figures ranging from Henry Kissinger to P.T. Barnum. Some laws teach the need for prudence (“Law 1: Never Outshine the Master”), others teach the value of confidence (“Law 28: Enter Action with Boldness”), and many recommend absolute self-preservation (“Law 15: Crush Your Enemy Totally”). Every law, though, has one thing in common: an interest in total domination. In a bold and arresting two-color package, *The 48 Laws of Power* is ideal whether your aim is conquest, self-defense, or simply to understand the rules of the game.

“Best book EVER! Lisa really gives us the inside track on how to make it as an actor! There's so much to learn when getting started in Hollywood and this book is smart, concise and very insightful! A TRUE must-have for every parent and actor!” Tish Cyrus (Miley's Mom) Lisa London has been discovering new talent for over 20 years in her role as a top Hollywood Casting Director. Her experience with Hollywood began earlier during her childhood years when she accompanied her famous father, Television Director Jerry London, to the sets. Even then, she had an eye for talent as she watched well-known actors work. Lisa discovered and/or cast early in their careers, such notable actors as, Miley Cyrus, Jennifer Aniston, Jonah Hill, Emma Stone, Giovanni Ribisi, Victoria Justice, Selena Gomez, Megan Hilty, Ryan Phillippe, Mark Ruffalo Mariska Hargitay and many others. In this book, she will take you on a step by step journey, laying out what you need to know to have the best shot at stardom. Never before have so many details and insider secrets been revealed in such a way that is easy to understand and apply. The key to your success as a professional actor may be just be a chapter away. - How do you get started as an actor? - How to make the most of your headshots and resume? - When and how do you get an agent or manager? - Charisma over credits, which is more important? - Steps on how to audition. - How to find resources regardless of where you live. - What does a casting director look for? - Why do some actors get call backs and most do not? - Plus interviews with working Hollywood professionals and more... “What a great book - Lisa tells it like it is. I followed much of her advice and ended up making my dream come true of being on a Disney Channel series.” Adam Irigoyen (Shake It Up) “As both an Actor and Executive Producer, I think Lisa's book is fantastic! She really explains the process of casting so an actor can understand what they need to do. As a former 3-Time NBA World Champion, I know a winner when I see one. 'From Start to Stardom' is your key to a successful career.” Rick Fox, Actor and Executive Producer Today as never before thanks to computers, the internet and digital video, anyone in North America and even the world can audition for TV or film roles. This book will give you the basic, professional level information necessary to be taken seriously by the Casting Directors, Agents and Managers that are the gatekeepers of the entertainment industry. “Lisa London is a phenomenal resource for any actor, both new and seasoned, and her book is a wonderful tool and must-have for those wanting to know what's what in the entertainment industry.” Sarah Shyn, Manager, 3 Arts Entertainment “Lisa's book "From Start to Stardom" is an invaluable and amazing tool for actors of any age. I have known Lisa London for 20 years and she is a true gift to the entertainment business. Lisa is a wealth of information and she is one of the few people in Hollywood that cares.” Cindy Osbrink, Owner/Agent - The Osbrink Agency "I wish this book was available when I graduated from college and started auditioning. It's so great to hear this advice from a casting director's perspective. And Lisa is the best! I should know - she gave me my first TV job and we've been friends ever since!" Megan Hilty (Sean Saves The World, Wicked)

Veteran character actor David Dean Bottrell draws on his 35+ tumultuous years of work in the entertainment industry to offer a guide to breaking in, making a living, and making a life in the fabulous trenches of show business. Covers every facet of the business, including: - Capturing the perfect headshot - Starting (and maintaining) your network - Picking an agent - Audition do's and don'ts - Joining the union(s): SAG-AFTRA and Actors Equity Association (AEA) - On stage vs on screen - Paying the bills - Self-promotion - Late bloomers - When to get out David Dean Bottrell has worn many different hats during his decades in showbiz: television actor with appearances on Boston Legal, Modern Family, The Blacklist, Mad Men, True Blood, NCIS, and Days of Our Lives; screenwriter for Paramount and Disney; respected acting teacher at UCLA and AADA; and regular expert columnist for esteemed acting site Backstage. In *Working Actor*, Bottrell offers a how-to manual jammed with practical information and insider advice, essential reading for any artist (aspiring or established) in need of insight or inspiration. Mixing prescriptive advice ("Getting Started," "Learning Your Craft," "Finding an Agent") with wisdom drawn from Bottrell's own professional highs and lows and those of his acting compatriots, this book's humorous, tell-it-like-it-is tone is a must-have guide for anyone hoping to successfully navigate show business.

Advanced Consciousness Training for Actors: Meditation Techniques for the Performing Artist explores theories and techniques for deepening the individual actor's capacity to concentrate and focus attention. Going well beyond the common exercises found in actor training programs, these practices utilize consciousness expanding "technologies" derived from both Eastern and Western traditions of meditation and mindfulness training as well as more recent discoveries from the fields of psychology and neuroscience. This book reviews the scientific literature of consciousness studies and mindfulness research to discover techniques for focusing attention, expanding self-awareness, and increasing levels of mental concentration; all foundational skills of the performing artist in any medium.

The best actor never gets the role. But the right actor always gets hired and if you want to be the right actor, you need to create a well-paved pathway through the traffic jam that can slow you down, divert your attention and create stress behind the wheel of the career you're committed to driving forward. It's your journey and it's time for a career tune up, even if you're just starting out In this revised and expanded Next Edition to his popular book for actors, talent manager, educator and author Brad Lemack tackles the tough challenges actors face in seeking, building and maintaining rewarding careers in the new landscape. From the role of personal ethics and integrity to landing the role of a lifetime, Lemack teaches readers how to navigate through and thrive in a continually changing landscape in an industry challenged to redefine itself and how it does business. Whether you're new to the business or in need of a professional career rebranding, *The New Business of Acting: The Next Edition* will empower you with a critical perspective on how to create, map out and embark on a life-long journey that will earn you the career-building opportunities you seek.

When it comes to big data processing, we can no longer ignore concurrency or try to add it in after the fact. Fortunately, the solution is not a new paradigm of development, but rather an old one. With this hands-on guide, Java and Scala developers will learn how to embrace concurrent and distributed applications with the open source Akka toolkit. You'll learn how to put the actor model and its associated patterns to immediate and practical use. Throughout the book, you'll deal with an analogous workforce problem: how to schedule a group of people across a variety of projects while optimizing their time and skillsets. This example will help you understand how Akka uses actors, streams, and other tools to stitch your application together. Model software that reflects the real world with domain-driven design Learn principles and practices for implementing individual actors Unlock the real potential of Akka with patterns for combining multiple actors Understand the consistency tradeoffs in a distributed system Use several Akka methods for isolating and dealing with failures Explore ways to build systems that support availability and scalability Tune your Akka application for performance with JVM tools and dispatchers

Kids who dream of seeing their name in bright lights will devour this title! Cool kid actors show them how it's done. Back matter includes tips for readers to get started acting.

Tools to master everything from "getting in the door without any connections", "crying on cue", "making the most of your close-up", "nailing sitcoms even if you don't think you're funny", to "what makes someone a star."

A How-To for Actors as no book has been before, Here is indispensable information for actors told through a charming story rather than in the usual textbook style. This is the tale of two young actors as they embark on the same journey as thousands of hopefuls each year. Dick and Jane move to Hollywood to become working actors -- maybe even "stars." They arrive in Hollywood not knowing anyone in power - does this mean they are sunk before they even get started? They aren't gorgeous -- will they be rejected? What are the right choices? One makes fame-based, out-sized choices, auditioning only for producers and directors. The other makes reasoned choices, creating a game plan for success and being content with each modest step forward. One does it the right way and the other the wrong way. Which one succeeds? With great affection for actors and deep insight into the hurdles they face, the author gives accessible answers to all the questions actors ask. "Myths Demystified!" A special bonus section shatters misconceptions about the path to success.

THE TRUTH ABOUT THE ACTING INDUSTRY - CONVERSATIONS WITH A VETERAN HOLLYWOOD CASTING DIRECTOR New Second Edition of this significant book on the casting process for TV and film, told with compassion, wisdom, and brutal honesty by a veteran Hollywood casting director. Casting credits include "Frasier," "Arrested Development," and former Manager of Casting at NBC. Topics not found in any other book of it's kind include: The Different Styles of Auditioning For Each Type of TV Show, Film, Commercial, Webseries What is Sex Appeal, and How To Project It? Ten Secrets of Charisma: What We Are Drawn To and How To Enhance Your Own The Transition from Theatre to On-Camera Work. The Demystification of the Audition Process. Current Trends in Casting That Have Changed the Way We Cast. Revealing interviews with Broadway & Hollywood Actors. A Special Section for Parents of Gifted Young Actors. How to get jobs in TV and Film and Keep Them. REVIEWS FROM FIRST EDITION: Blessing to Actors!, June 12, 2012 by Great, the Alexander "This is a great education coming from a Pro, well established and fresh in the business! Why CDs think and act the way they do.

Etiquette in the room, Agencies worth noting, Even hotspots in LA Night Life!! She writes so that you feel like you're actually in front of her, having a conversation. I met Cathy shortly after reading her book for the first time and can testify, there is nothing fake about her! She represents everything she teaches and thus practices what she preaches. In her book she talks about loving actors who are genuinely great people inside. She is this, in the form of a casting director and educator." "There is SO much valuable information in this book for actors with all levels of experience. I keep it with my audition materials and handy for inspiration. Read this book, re-read, and use it as a reference. It will change your life, or at least your acting career for the better!"

The collaboration of director and actor is the cornerstone of narrative filmmaking. This book provides the director with a concrete step-by-step guide to preparation that connects the fundamentals of film-script analysis with the actor's process of preparation. This book starts with how to identify the overall scope of a project from the creative perspective of the director as it relates to guiding an actor, before providing a blueprint for preparation that includes script analysis, previsualization, and procedures for rehearsal and capture. This methodology allows the director to uncover the similarities and differences between actor and director in their preparation to facilitate the development of a collaborative dialogue. Featuring chapter-by-chapter exercises and assignments throughout, this book provides a method that enables the director to be present during every stage of production and seamlessly move from prep to filming, while guiding the actor to their best performances. Written in a clear and concise manner, it is ideal for students of directing, early career, and self-taught directors, as well as cinematographers, producers, or screenwriters looking to turn their hand to directing for the first time.

The Actor's Business Plan is a self-directed practical guide for actors graduating from formal training programs, as well as for those already in the business whose careers need to move ahead more successfully. Using the familiar language of acting training, the book offers a method for the achievement of dreams through a five-year life and career plan giving positive steps to develop a happy life as an actor and as a person. It assists performers to flourish using the same kind of business/career planning that is a necessary part of life for entrepreneurs and business people. This introduction to the acting industry provides essential knowledge not only for how the business actually works, but also describes what casting directors, agents, and managers do, demystifies the role of unions, discusses how much things cost, and offers advice on branding and marketing strategies. It differs from other such handbooks in that it addresses the everyday issues of life, money, and jobs that so frequently destroy an actor's career before it is even begun. While addressing NYC and LA, the guide also gives a regional breakdown for those actors who may wish to begin careers or to settle in other cities. It is loaded with personal stories, and interviews with actors, casting directors, and agents from throughout the US. The Actor's Business Plan is the answer to the common complaint by students that they were not taught how to negotiate the show business world while at school. It is the perfect antidote for this problem and can easily fit into a ten or a thirteen-week class syllabus. Offering support as a personal career coach, empowering the actor to take concrete steps towards their life and career dreams, The Actor's Business Plan: A Career Guide for the Acting Life is a must-have book for actors who are determined to be a part of the professional world .

Secrets of Acting Shakespeare isn't a book that gently instructs. It's a passionate, yes-you-can designed to prove that anybody can act Shakespeare. By explaining how Elizabethan actors had only their own lines and not entire playscripts, Patrick Tucker shows how much these plays work by ear. Secrets of Acting Shakespeare is a book for actors trained and amateur, as well as for anyone curious about how the Elizabethan theater worked.

A notable contribution to our understanding of ourselves. This book explores the realm of human behavior in social situations and the way that we appear to others. Dr. Goffman uses the metaphor of theatrical performance as a framework. Each person in everyday social intercourse presents himself and his activity to others, attempts to guide and control the impressions they form of him, and employs certain techniques in order to sustain his performance, just as an actor presents a character to an audience. The discussions of these social techniques offered here are based upon detailed research and observation of social customs in many regions.

Stand Out from the Competition! How do actors sell their personality? What does it take to make a lasting impression? How can actors use their image to achieve their dreams? The Actor's Guide to Self-Marketing answers all these questions and more. With a background in acting and publicity, author Carla Renata has gathered insider info and proven tips to help actors create their own brand and utilize it for success. With The Actor's Guide to Self-Marketing, you will learn how to: Highlight unique traits and skills Distinguish yourself from the crowd Market yourself through social media Angle for your dream role And so much more! Renata's methods have been tested and developed through her branding and social media program, The Branding Buddha, which has been taught online and privately, as well as in group classes at top universities in the United States. Along with tips from her program and extensive background in the field, Renata uses meditative practices and self-actualization to help actors develop their public image and reach their goals with clarity and intention. As she writes, "The mind is everything. What you think, you will become." With The Actor's Guide to Self-Marketing, you'll be well on your way to becoming the actor you really want to be and landing your dream roles.

Amy Lyndon is Hollywood's Premiere Booking Coach and creator of the revolutionary Lyndon Technique: The 15 Guideline Map To Booking Handbook. Besides being a Coach and Mentor, she is also an Actress, Award Winning Director, Producer, Casting Director, and was a CEO of a successful Personal Management Company for 9 years. Her clients are Series Regulars, Guest Leads and Starring in Feature Films around the globe. Some of her Clients include: Nadine Velazquez (My Name is Earl), Adam Brody (The OC), Christel Khalil (The Young and the Restless), Hosea Chanchez (The Game), Sterling Knight (Sonny with a Chance), Kenton Duty (Shake It Up), Matthew J. Evans (Bad Teacher) and Raini Rodriguez (Austin and Ally). Lyndon won one of the Best Cold Reading Teachers in Los Angeles Backstage Magazine 2010, 2011 and 2012! The Lyndon Technique proves to be a practical approach to auditioning and booking the job on the first take. Each chapter provides detailed insight into each of Lyndon's 15 Guideline Map to Booking Technique. Lyndon travels Internationally to teach the principles of Booking, Marketing and running a successful business as an Actor. The information is applicable no matter where you live or where you are in your career.

"From Fay's methodology, I learned to use my intuition and lived experiences in myriad new ways." —Winston Duke, actor, Black Panther, Avengers, Us, and Nine Days Engaging Mind and Body to Develop the Complete Physical Nature of Characters Actors are shape-shifters, requiring the tools to wade into unfamiliar waters and back out again. The Lucid Body offers a holistic, somatic approach to embodying character from the inside-out and, for the non-actor, offers a way to give hidden parts of the self their full expression. By identifying stagnant movement patterns, this process expands one's emotional and physical range and enables the creation of characters from all walks of life—however cruel, desolate, or jolly. Rooted in the exploration of the seven chakra energy centers, The Lucid Body reveals how each body holds the possibility of every human condition. Readers will learn how to: Practice a non-judgmental approach to the journey of self-awareness Break up stagnant and restrictive patterns of thought and movement Allow an audible exhale to be the key to unlocking the breath Develop a mindset to "hear" one's inner body Analyze the human condition through the psycho-physical lens of the chakras Experience the safety of coming back to a neutral body Acquire a sense of clarity and calm in one's everyday life A step-by-step program guides the actor through the phases of self-awareness that expand emotional and physical range not only on stage, but also in daily life. This new edition includes a more diversified range of playwrights, non-binary language, and new chapters on stage intimacy protocol and physical listening. Exercises that have been honed for the past ten years have been made more concise. New somatic and neuro-scientific data has been added, with additional wisdom and insights from colleagues and Simpson's team of Lucid Body teachers.

- Focuses on the relationship between voice training and acting
- Simple, easy-to-follow exercises to strengthen the voice in just 10 minutes per day
- Revised and expanded edition includes new techniques
- Replaces ISBN 0-8230-8333-0 Chuck Jones, the leading expert on using the voice to convey character, explains his groundbreaking techniques clearly and concisely in this revised edition of a classic. First, Jones examines acting basics related to the voice: being heard, character choices, and power. Then he introduces daily exercises that release, stretch, and strengthen the voice, in order to increase the actor's expressive range. For any actor who wants to grow and develop, Make Your Voice Heard offers powerful, practical tools for connecting the voice to emotions—and using the vocal instrument to create new levels of meaning.

This exciting new text illustrates and advances the argument that International Organizations (IOs) need to be taken seriously as actors in world affairs. Bringing together an international line-up of distinguished contributors, the text examines recent theories that suggest how IOs are able to set their own policies and implement them in meaningful ways. The chapters review these theoretical positions and then present a series of case studies which focus on how these theories play out when IOs are charged with solving global problems: including development, peacekeeping and environmental policy coordination. Examining and analysing both positive and negative examples of this independence, this text is a valuable resource on the topic of the internal workings of IOs, providing the richest and most focused textbook so far dealing with the capacity of IOs for independent action in international politics. It is essential reading for all students of international organizations.

"This is the management book of the year. Clear, powerful and urgent, it's a must read for anyone who cares about where they work and how they work." —Seth Godin, author of This is Marketing "This book is a breath of fresh air. Read it now, and make sure your boss does too." —Adam Grant, New York Times bestselling author of Give and Take, Originals, and Option B with Sheryl Sandberg When fast-scaling startups and global organizations get stuck, they call Aaron Dignan. In this book, he reveals his proven approach for eliminating red tape, dissolving bureaucracy, and doing the best work of your life. He's found that nearly everyone, from Wall Street to Silicon Valley, points to the same frustrations: lack of trust, bottlenecks in decision making, siloed functions and teams, meeting and email overload, tiresome budgeting, short-term thinking, and more. Is there any hope for a solution? Haven't countless business gurus promised the answer, yet changed almost nothing about the way we work? That's because we fail to recognize that organizations aren't machines to be predicted and controlled. They're complex human systems full of potential waiting to be released. Dignan says you can't fix a team, department, or organization by tinkering around the edges. Over the years, he has helped his clients completely reinvent their operating systems—the fundamental principles and practices that shape their culture—with extraordinary success. Imagine a bank that abandoned traditional budgeting, only to outperform its competition for decades. An appliance manufacturer that divided itself into 2,000 autonomous teams, resulting not in chaos but rapid growth. A healthcare provider with an HQ of just 50 people supporting over 14,000 people in the field—that is named the "best place to work" year after year. And even a team that saved \$3 million per year by cancelling one monthly meeting. Their stories may sound improbable, but in Brave New Work you'll learn exactly how they and other organizations are inventing a smarter, healthier, and more effective way to work. Not through top down mandates, but through a groundswell of autonomy, trust, and transparency. Whether you lead a team of ten or ten thousand, improving your operating system is the single most powerful thing you can do. The only question is, are you ready?

Workers' self-management was one of the unique features of communist Yugoslavia. Goran Musi? has investigated the changing ways in which blue-collar workers perceived the recurring crises of the regime. Two self-managed metal enterprises, one in Serbia another in Slovenia, provide the frame of the analysis in the time span between 1945 and 1989. These two factories became famous for strikes in 1988 that evoked echoes in popular discourses in former Yugoslavia. Drawing on interviews, factory publications and other media, local archives, and secondary literature, Musi? analyzes the two cases, going beyond the clichés of political manipulation from the top and workers' intrinsic attraction to nationalism. The author explains how, in the later phase of communist Yugoslavia, growing social inequalities among the workers and undemocratic practices inside the self-managed enterprises facilitated the spread of a nationalist and pro-market ideology on the shop floors. Restoring the voice of the working class in history, Musi? presents Yugoslavia's workers actors in their own right, rather than as a mass easily manipulated by nationalist or populist politicians. The book thus seeks to open a debate on the social processes leading up to the dissolution of Yugoslavia.

Never before published transcripts from Lee Strasberg's teachings at his school in New York City in the last ten years of his life.

Self-Management for Actors Getting Down to (Show) Business Cricket Feet Pub

Previously only available to Katselas' students at the prestigious Beverly Hills Playhouse, Acting Class presents the concepts and methods that have helped lead a generation of actors to success on stage, in cinema, and on television. Now for the first time, this all-encompassing book is available to the general public, taking readers and sitting them in the legendary acting class of Milton Katselas, where he not only covers techniques and methods, but also includes valuable discussions on the attitude any artist needs to fulfill his or her dream.

The actress and teacher guides actors in developing their art, covering such aspects as voice techniques, timing, rhythm, and including exercises to correct problems

Updated with new information about major industry changes, a latest edition of a successful guide counsels actors on the business side of the profession while sharing practical advice on such topics as crafting an effective résumé, joining unions and getting an agent. Original.

This practical and entertaining guide readies the uninitiated actor to navigate the ridiculous, impossible, and often heartbreaking world of the acting industry. This book will expose actors to the ins and outs of the world's (second) oldest profession. Topics include how to be "discovered," what to expect from training programs, the grunt work of starting a career, how to persevere in the face of rejection, the new digital world for actors, and much more. Experienced actor and screenwriter Jason Pugatch offers a fresh, hip, and invaluable industry perspective, with sidebar quotations, charts, and timelines, and a quick-reference appendix of the acting trade. Packed with myth-shattering anecdotes and told in a personal tone, Starting Your Career as an Actor is the backstage guide that every aspiring actor must read.

Jenna Fischer's Hollywood journey began at the age of 22 when she moved to Los Angeles from her hometown of St. Louis. With a theater degree in hand, she was determined, she was confident, she was ready to work hard. So, what could go wrong? Uh, basically everything. The path to being a professional actor was so much more vast and competitive than she'd imagined. It would be eight long years before she landed her iconic role on The Office, nearly a decade of frustration, struggle, rejection and doubt. If only she'd had a handbook for the aspiring actor. Or, better yet, someone to show her the way—an established actor who could educate her about the business, manage her expectations, and reassure her in those moments of despair. Jenna wants to be that person for you. With amusing candor and wit, Fischer spells out the nuts and bolts of getting established in the profession, based on her own memorable and hilarious experiences. She tells you how to get the right headshot, what to look for in representation, and the importance of joining forces with other like-minded artists and creating your own work—invaluable advice personally acquired from her many years of struggle. She provides helpful hints on how to be gutsy and take risks, the tricks to good auditioning and callbacks, and how not to fall for certain scams (auditions in a guy's apartment are probably not legit—or at least not for the kind of part you're looking for!). Her inspiring, helpful guidance feels like a trusted friend who's made the journey, and has now returned to walk beside you, pointing out the pitfalls as you blaze your own path towards the life of a professional actor.

There is a sense that permeates most acting classes which promotes the idea that acting is hard and you need to do a bunch of traditional steps if you're ever going to get anywhere. The flame of this concept is kept lit for two reasons. One is tradition. Successful actors and teachers in our theatrical history supposedly believed in or espoused such ideas and two; it is easier for teachers and actors to follow a path that is well worn. Actors feel intimidated to challenge the ideas and teachings of past masters. But isn't that exactly how every field of endeavor evolves? Think of where we'd be in science or medicine or sports if no one questioned past methods or tried to discover new ones. This book will show you an approach that is direct and to the point, an approach that will be far easier to remember and utilize. We'll use real life. We call it acting only because people are watching. "If you're an actor, this book will restore your sanity." Steven Pressfield, Author: The War of Art, Turning Pro, The Legend of Bagger Vance

In To the Actor Michael Chekhov has recorded brilliantly the results of his many years of experimenting, testing and verifying in the professional theater and schools of the theater. He brings to actors far greater insight into themselves and the characters they are to portray, which enables them to approach any role with new ease and skill. "To the Actor is by far the best book that I have read on the subject of acting. Actors, directors, writers and critics will be grateful for it. It should prove enlightening to theatergoers who wish to deepen their appreciation for fine acting and thus help to invigorate the theatrical art."—Gregory Peck "I think without a doubt every creative person in the theater will want to have it as a constant reference book, outside of its being, in my opinion, absorbing and entertaining reading."—Yul Brynner (from the Preface) "One of the most remarkable and practical books on the technique of acting I have ever read....Enthusiastically recommended to all theatre collections of whatever size."—Library Journal

This book will help you take control of the business side of your creative career. By learning how to build your brand, target your buyers, create content that showcases you best, and pitch like the rockstar you are, you'll build a fulfilling career (wherever you live) that helps rocket you to the next tier.

THE ACTOR'S GUIDE TO HEADSHOTS, RESUMES, AND DEMO REELS is designed to help beginning and up-and-coming theatre, television, and film actors get noticed, get hired, and move up the ladder of professional acting success. This easy-to-read, no-nonsense book shows you how to optimize your essential self-marketing tools with an eye towards your ultimate goal - to get hired as a professional actor. If you're a beginning actor, this book will help you get into the professional acting marketplace as quickly as possible. If you're an up-and-coming actor with

some professional acting credits on your resume, this book will help you fine-tune your headshot, resume, and demo reels so you can keep getting hired. With the help of this book, you can take control of your acting career, and put yourself ahead of other actors competing with you for theatre, television, and film roles.

Psychology for Actors is a study of modern psychology, specifically designed for the working actor and actor-in-training, that covers discrete areas of psychological theory that actors can apply to their creative process to form and connect with characters. The book investigates many post-Stanislawski ideas about human psychology from some of the twentieth century's most brilliant minds – from Sigmund Freud and Carl Jung to Abraham Maslow and Ken Wilber – and offers step-by-step exercises to help actors understand their characters and effectively bring them to life on stage or in front of the camera. Psychology for Actors also offers advice on how to cope with the stresses and strains of a highly competitive field, and provides tools for deeper self-awareness and character exploration.

First Time in Print Updated and expanded To win a role in a movie or on network or cable TV, you must make a strong first impression in your brief, crucial audition—and the first person you have to impress is the casting director. In How to Audition On Camera, Casting Director Sharon Bialy answers the twenty-five questions actors ask most frequently about how to nail an audition. What is the casting director looking for? If you mess up, can you start over? What is the most common mistake experienced actors make? Should you audition off book or can you look at the page? Should you dress in character? How much can you improvise? Actors—both novice and professional—are often misled by myths and outdated prescriptions. This guide replaces such misinformation with concise and accurate advice from someone who is in the room helping to make the decision on who gets the job. Bialy gets readers started immediately on the road to screen acting success.

With the COVID pandemic has come the need to reinvent, to reimagine and to learn how to navigate the waters of a new landscape for most businesses - and that includes the business of acting, which is on the verge of the next great era of storytelling. Great art has always come out of challenging times and there will be - as there are now - great stories for actors and other content creators to tell from these challenges. The new normal includes new rules, new regulations and a new narrative about moving forward and thriving in this new artistic landscape. The New Business of Acting: The Next Edition - COVID Update provides actors with a perspective on the new landscape, resources for getting back on track and an action plan for getting back to business.

An invaluable reference for anyone who is a working actor, or wants to be. Learn how to make it in the day-to-day business of acting and stay sane and focused while attempting to merge art and commerce. This book covers everything the author wishes someone had told him about how casting decisions are made, what rejection really means, how to behave on a set, the two factors the business is built on, and much more. Markus Flanagan offers encouraging, highly useful pointers on such vital matters as: How do you combat getting typed?, Understanding the people you are auditioning for, Bad habits to avoid in the audition waiting room, The two deadliest questions you may be asked before starting your reading, What are they looking for in the call back?. One Less Bitter Actor offers sage, pragmatic, anxiety-calming advice on how to succeed in acting from one who has.

No other book for actors focuses so succinctly on the business of self-management. Whether an actor has an agent or manager on his or her team or is going it alone, this valuable book is a roadmap for surviving-and thriving-in the entertainment industry.

"All the elements of preparing a monologue audition - script analysis, staging, voice, timing, gesture, movement and self-presentation skills - are thoroughly explored here. The goal of the book, as Ms. Kohlhaas states in her Introduction, is not only to help you prepare for auditions, but to make working on monologues a regular and enjoyable part of your acting life. As you follow the author along the path she charts, you are not only learning to rehearse monologues effectively, you are learning to turn auditions into exciting ways to grow and challenge yourself as an actor."--BOOK JACKET.

Based on the popular workshop of the same name, Audition Psych 101 takes a detailed, unvarnished look at the mental gremlins that can make auditioning stressful. With frankness, humor, and a pro-actor sensibility, professional working actor Michael Kostroff (The Wire, The Deuce, Luke Cage, The Blacklist, Law & Order: SVU, etc.) explodes commonly accepted mythologies and offers a fresh, more logical, and more effective approach to the whole process. Speaking directly to other professional actors, Kostroff pulls each step into slow motion, shining a light into the dark corners in search of those little snags that can screw us up. "It has completely changed the way I view auditions." — Chad Manuel, Chicago "Want to learn why we constantly get in our own way before we even set foot in the room? Michael has made a detailed, brilliant study of the most common traps, and how to avoid them." — Peter Van Norden, Los Angeles "Michael's expertise, sense of humor, and just old-fashioned good sense does the impossible: It actually makes the actor comfortable with the audition process." — J. R. Orlando, San Jose "I'm a psychotherapist who specializes in working with creative artists. Among many other issues, we always talk about their audition anxiety. In Audition Psych 101, Michael Kostroff has validated everything I believe about the audition process. Let him save you a lot of disappointment and frustration." — Lee D. Kassan, psychotherapist/psychoanalyst "It brought the joy and fun back into the audition process, which ultimately has allowed for more callbacks and many more bookings." — Mick Guire, New York City "I can't wait for my next audition. (Holy mackerel, did I just write that?)" — Deborah Linehan, New York City

"The Hollywood Survival Guide reveals the insider information necessary to navigate each step of your acting career in L.A. Aussie actress Kym Jackson explains how each facet of the film and TV industry works and how it affects you. From visas to auditions, from getting an agent to what happens behind the casting curtain ... it's everything you need to become a successful actor in Hollywood". -- Back cover. Confessions of a Casting Director is a must-have for any aspiring actor or stage parent—the definitive guide to breaking into film, television, theater, and even YouTube from longtime casting director and studio executive Jen Rudin. Packed with information that aspiring actors want, her up-to-the-minute expert advice is essential for anyone pursuing an acting career. Jen Rudin demystifies the often intimidating and constantly changing audition process, sharing insider tips on preparing for every type of audition: musical theater, television (including commercials and reality TV), and film to voiceovers, animated movies, and even web series. In this comprehensive guide, Rudin covers everything today's actor needs to succeed, including finding an agent or manager; using technology to your advantage; the demanding world of child acting; the pros and cons of New York vs. LA; turning a callback into an offer for the role, and much more. Every actor should walk into an audition room feeling confident and prepared, and this book is full of the Dos and Don'ts, sure-fire tricks, and must-have information to help turn rejection into that first big break. Complete with checklists, easy-to-follow game plans, and advice from real actors, agents, and entertainment industry professionals, Confessions of a Casting Director is like having your own private audition coach.

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