

The Power Of Being A Woman Mastering The Art Of Femininity

The power of having desire teaches you how to emulate the people you admire, do new things, and live the life you dream of -even if you don't think you can. Most of us already know the basics of success-self-belief, purpose, action, discipline, and perseverance. So why aren't we all doing the things we would like to do and living the lives we want? This book teaches you to - Stop fear and insecurity from crippling your potential. Put an end to procrastination. Use habit and routine to work for you. Benefit from the world's wisest mentors. Use your most valuable natural resource. What would you love to accomplish? Bruce paints a revealing portrait of what it takes to accelerate success or create it in a new area. He'll help you understand that you were born gifted and talented, and can do anything you passionately desire. In a most intriguing, motivational seminar-in-a-book way, Bruce shares the key secret to all success, and guides you to discover your unique life's mission-and how you can live it.

The philanthropist and former CEO of Willis Group Holdings and Citibank North America shares lessons on being true to your emotions and using them to guide you.

Being an introvert can be challenging. It can lead to

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questioning yourself and your ability to lead others around you in a competitive environment. Laurie Cain sets out to explore the "power of being quiet" and how introverts are fitted to be great leaders in competitive environments. This is a 'must read' for all introverts.

Everyone imagines top CEOs as larger-than-life figures who do things no one else could. But deep down, a good business leader is an everyman who combines vision and high energy with the ability to connect with and learn from all types of people. In *The Power of Being Yourself*, renowned business leader Joe Plumeri offers simple yet profound guidance on how to stay positive, motivate yourself and others, and achieve success in your life and work. *Plumeri's Game Plan for Success* features eight key principles, from *Everyone Has the Same Plumbing*, in which his fish-out-of-water experience as CEO and chairman of a London-based company reveals how cultural differences can be overcome as people everywhere respond to authenticity, to *You Gotta Have Purpose!*, which explores the transformative ingredient that leads to tangible progress. And because this book is meant to be revisited and consulted whenever you need fresh inspiration or practical advice, *The Power of Being Yourself* also features a final section -- *Applying the Principles* -- imparting further guidance and checklists. By sharing his own experiences--and

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candidly exploring high-stakes business decisions along with many personal triumphs and tragedies--Plumeri explains that the secret to success is found not in boardroom strategy or corporate philosophy, but rather in allowing passion, purpose, and true emotions to inform your approach and guide your relationships. His book is a timely wake-up call in a world where heartless electronic communication too often takes precedence over genuine connection. Plumeri reveals that if we can live in the moment and be honest and true in our emotions, the effect carries over into how we live all facets of our lives.

To-do lists should not order our lives and our net worth cannot be measured in assets. So says motivational expert Todd Duncan, whose seminars have impacted more than one million people. Using profound examples and practical insights, Duncan teaches you how to master your schedule, break life-reducing habits, build mentoring relationships, and enjoy success doing what you love. And the result? To move from where you are to where you want to be, maximizing your individual strengths and minimizing your natural weaknesses along the way. Are you an introvert or loner who feels painfully different from others and unable to fit into society? Do you often feel misunderstood and alienated from those around you? Do you find yourself opposing conventional beliefs and society's values? Do you

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feel deeply frustrated and alien to this world, like you don't belong here? You are not alone. For most of my life I was convinced that I was deeply flawed because of my introverted nature and reclusive personality. Only years later would I realize the eye-opening truth that would allow me to accept my introversion and turn it into my greatest asset, guiding me onto the right path and toward inner peace. Trust me, no matter how alone and misunderstood you might feel, you too can find your own unique place in this loud, extroverted world. The path I propose is so much more rewarding than simply fitting in and conforming to social expectations. All it takes is to shift your focus in the right direction, and I'm here to show you how. This book won't turn you into a leader, a people person, the life of the party - it will teach you something much more important: how to be the authentic you and find your place in a world you don't fit in. *The Power of Being Yourself* A Game Plan for Success -- by Putting Passion into Your Life and Work Da Capo Lifelong Books

The Power of Being Human brings home two important points: Human beings are innately powerful, and our lives are a reflection of how we direct that power. With light banter and easy-to-understand prose, this friendly guide to self-empowerment sweetens the idea that many of us repress our power instead of expressing it. What's

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the remedy? A healing technique that integrates three of the most potent forces in the universe: Awareness, Acceptance, and Unconditional Love. New York Times bestselling author Joyce Meyer believes that giving thanks to God daily will positively impact our lives. When we pause to acknowledge His blessings it restores us to a state of spiritual peace. In this 365 day devotional, Joyce offers an inspiring message that will spark an attitude of gratitude in our hearts. Through uplifting Scripture, she illustrates God's never-ending love, inexhaustible grace, and always-accessible presence in our lives. As we develop a renewed outlook, we will better recognize and be further blessed by God's abundant goodness. Each devotion will also include a prayer of thanks, so that we may begin every day ready to receive the transforming power of a thankful heart.

In this much-needed book, which is part self-help and part autobiography, award-winning correspondent Mariana Atencio digs into what makes each of us special and the ways in which we can become a force for good in a broken world. As a bilingual correspondent for NBC News, Fusion TV, and Univision, Mariana holds a unique perspective—having immigrated from Venezuela to America as a young adult, having overcome challenges to graduate from Columbia University and eventually become a national news correspondent, and having seen firsthand the humanity that is ever so present in the midst of both adversity and opportunity. Mariana's story is the powerful, inspiring story of life in the United States as an immigrant. Yet it is at its core a human story. It is

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all of our stories, and it is a call to every man, woman, and child to unlock the magic of their potential and begin to thrive. The media screens of today perpetuate stereotypes, but what would happen if instead of comparing ourselves and falling short, we compared ourselves and celebrated our uniqueness? What would happen if we believed in our worth and embraced what makes us different? And what if we truly saw those around us as neighbors and not merely adversaries to our particular group or station? The days of doubt and division must end. It starts with authenticity, persistence, and understanding what truly makes you special.

“Michelle sets aside the political correctness of our society’s views and calls a truce between the genders with her biblically based perspective on the art of being a woman.” Today’s Christian Woman magazine Writing with her characteristic boldness, grace, and gut-level honesty, Michelle McKinney Hammond challenges women to unearth the hidden gift of their femininity.

Readers will gain a new, biblically based perspective on their femininity and a few laughs along the way as they experience Michelle’s refreshing take on the real feminine mystique. They will discover the power of influence the pitfalls of manipulation the strength of vulnerability how to make up for their mate’s weaknesses how to take advantage of his strengths Instead of being threatened by men and unsure of their own value, readers can truly embrace the precious value of being women as they inspire the world with their intrinsic strength, intuition, sensitivity, and yes, sexuality. Rerelease of The Power of Femininity

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Kristin Neff, Ph.D., says that it's time to "stop beating yourself up and leave insecurity behind." *Self-Compassion: Stop Beating Yourself Up and Leave Insecurity Behind* offers expert advice on how to limit self-criticism and offset its negative effects, enabling you to achieve your highest potential and a more contented, fulfilled life. More and more, psychologists are turning away from an emphasis on self-esteem and moving toward self-compassion in the treatment of their patients—and Dr. Neff's extraordinary book offers exercises and action plans for dealing with every emotionally debilitating struggle, be it parenting, weight loss, or any of the numerous trials of everyday living. Arguing that the term "lady" should be re-examined and brought back into circulation, the author shows readers how to achieve civility and grace in an often uncivil world. Hectic modern lives are full of hustle and bustle and non-stop stress. But have you ever wondered how much lighter the burden of your daily responsibilities might feel if you made an effort to work through them imbued with a sense of joy, wonder, and compassion? In *The Power of Being Cheerful*, motivation maven Orison Swett Marden takes a lighthearted look at the transformative possibilities of putting on a happy face to greet the world. Regardless of whether you are an individual contributor, a manager, a member of the majority seeking greater understanding, or a member of the minority as a result of any number of factors, you can use an increased understanding of diversity and inclusion to turn your unique difference and increased knowledge into an advantage for you, your family, and your company. The

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Power of Being Yourself explores concepts that can help you learn how to do just that. Taking all the aspects of the authentic you to the workplace is a significant key to success. You can be in a position to bring to the table what every employer today needs: a fresh, unique perspective. The concept of embracing the full you is not new, but it requires courage and thoughtful action to turn your differences into attributes. This guide offers methods and inspiration to help individuals, mentors, and sponsors take the next step. Each chapter explores on a specific idea to help anyone navigate the corporate world as a minority or a manager of a diverse work group. Increase your knowledge on your journey to greater success. If you stand out because you are different, you need to step out and demonstrate the power of that difference.

In the last decade, research on negative social evaluations, from adverse reputation to extreme stigmatization, has burgeoned both at the individual and organizational level. Thus far, this research has largely focused on major corporate risks. Corporate public relations and business executives intuitively know that a negative image deters important relationships—from customers and partners, to applicants, stakeholders, and potential funding. At the same time, business is conducted in an age of heightened connection, including digital platforms for criticism and a 24-hour news cycle. Executives know that some degree of public disapproval is increasingly unavoidable. Negative social evaluations can also put social actors on the map. In the era of identity politics, many political leaders express

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controversial views to appeal to specific audiences and gain in popularity. Through network and signaling effects, being controversial can potentially pay off. Thomas J. Roulet offers a framework for understanding not only how individuals and organizations can survive in an age of increasing scrutiny, but how negative social evaluations can surprisingly yield positive results. A growing body of work has begun to show that being "up against the rest" is an active driver of corporate identity, and that firms that face strong public hostility can benefit from internal bonding. Synthesizing this work with his original research, and drawing comparisons to work on misconduct and scandals, Roulet addresses an important gap by providing a broader perspective to link the antecedents and consequences of negative social evaluations. Moreover, he reveals the key role that audiences play in assessing these consequences, whether positive or negative, and the crucial function of media in establishing conditions in which public disapproval can bring positive results. Examples and cases cover Uber and Google, Monsanto, Electronic Arts, and the investment banking industry during the financial crisis.

Meyer, the bestselling author of over 53 inspirational books, presents a book on being positive. Includes full-color interiors, a ribbon marker, and a padded case cover.

Now that the Law of Attraction is becoming well known and practiced globally, it appears that humanity is expanding to a new belief system that unlike before, is based in our heart, our passion, our feeling and love. During times of changes of any kind the question of "Who am I?" is brought to our awareness. One way or another, eventually inventory of our

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life is required to better understand different parts of it or altogether. This book offers you a way to explore your true self through stories and exercises. Author's hope is that it awakens different aspects of your true self and leads you to recognize and experience the power of your uniqueness as well as embrace it. All of us deserve to be in touch with our true self and this is what leads us to live the life of our dreams. The main intention for this book is to encourage you to be true to yourself, accept and love yourself! May it help you on your journey!

"A compilation of the most empowering, educating, equipping, encouraging, practical and motivating ways to become the woman you've always wanted to be!"

What would happen if women suddenly possessed a fierce new power? "The Power is our era's *The Handmaid's Tale*."

--Ron Charles, Washington Post ****WINNER OF THE BAILEYS WOMEN'S PRIZE FOR FICTION**** One of the New York Times's Ten Best Books of the Year One of President Obama's favorite reads of the Year A Los Angeles Times Best Book of the Year One of the Washington Post's Ten Best Books of the Year An NPR Best Book of the Year One of Entertainment Weekly's Ten Best Books of the Year A San Francisco Chronicle Best Book of the Year A Bustle Best Book of the Year A Paste Magazine Best Novel of the Year A New York Times Book Review Editors' Choice An Amazon Best Book of the Year "Alderman's writing is beautiful, and her intelligence seems almost limitless. She also has a pitch-dark sense of humor that she wields perfectly." --Michael Schaub, NPR In *THE POWER*, the world is a recognizable place: there's a rich Nigerian boy who lounges around the family pool; a foster kid whose religious parents hide their true nature; an ambitious American politician; a tough London girl from a tricky family. But then a vital new force takes root and flourishes, causing their lives to converge with devastating

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effect. Teenage girls now have immense physical power--they can cause agonizing pain and even death. And, with this small twist of nature, the world drastically resets. From award-winning author Naomi Alderman, *THE POWER* is speculative fiction at its most ambitious and provocative, at once taking us on a thrilling journey to an alternate reality, and exposing our own world in bold and surprising ways.

A powerful and inspiring examination of the connection between the potential for great talent and conditions commonly thought to be “disabilities,” revealing how the source of our struggles can be the origin of our greatest strengths. In *The Power of Different*, psychiatrist and bestselling author Gail Saltz examines the latest scientific discoveries, profiles famous geniuses who have been diagnosed with all manner of brain “problems”—including learning disabilities, ADD, anxiety, Depression, Bipolar disorder, schizophrenia, and Autism—and tells the stories of lay individuals to demonstrate how specific deficits in certain areas of the brain are directly associated with the potential for great talent. Saltz shows how the very conditions that cause people to experience difficulty at school, in social situations, at home, or at work, are inextricably bound to creative, disciplinary, artistic, empathetic, and cognitive abilities. In this pioneering work, readers will find engaging scientific research and stories from historical geniuses and everyday individuals who have not only made the most of their conditions, but who have flourished because of them. They are leaning into their brain differences to:

- *Identify areas of interest and expertise
- *Develop work arounds
- *Create the environments that best foster their talents
- *Forge rewarding interpersonal relationships

Enlightening and inspiring, *The Power of Different* proves that the unique wiring of every brain can be a source of strength and productivity, and contributes to the richness of our world.

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Empower Your Thoughts Empower Your Life This simple yet powerful book shares with us the much ignored truths of life - how challenging situations keep coming back to us till we have learnt to overcome them and move up the evolutionary cycle. It helps us shatter myths like how money itself is not dirty and how by subconsciously believing it is so, we attract material hardships to our lives. A book that everyone can relate with, it has the power to change your life, for good. For once, LET THE POWER BE WITH YOU.

Linda Kaplan Thaler and Robin Koval have moved to the top of the advertising industry by following a simple but powerful philosophy: it pays to be nice. Where so many companies encourage a dog eat dog mentality, the Kaplan Thaler Group has succeeded through chocolate and flowers. In THE POWER OF NICE, through their own experiences and the stories of other people and businesses, they demonstrate why, contrary to conventional wisdom, nice people finish first. Turning the well-known adage of “Nice Guys Finish Last” on its ear, THE POWER OF NICE shows that “nice” companies have lower employee turnover, lower recruitment costs, and higher productivity. Nice people live longer, are healthier, and make more money. In today’s interconnected world, companies and people with a reputation for cooperation and fair play forge the kind of relationships that lead to bigger and better opportunities, both in business and in life. But being nice doesn’t mean acting wimpy. In fact, nice may be the toughest four-letter word you’ll ever encounter. Kaplan Thaler and Koval illustrate the surprising power of nice with an array of real-life examples from the business arena as well as from their personal lives. Most important, they present a plan of action covering everything from creating a positive impression to sweetening the pot to turning enemies into allies. Filled with inspiration and suggestions on how to supercharge your career and expand your reach in the

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workplace, THE POWER OF NICE will transform how you live and work.

Roger L. Brooks wrote "The Power of Being Rich" as a result of more than three decades of studying, practicing, and implementing universal law and the principles of positive thinking. Brooks applies lessons from prominent peacemakers such as Jesus, Saint Francis of Assisi, and Gandhi--combining their teachings with insights of several notable human development experts such as Earl Nightingale, Denis Waitley, and Napoleon Hill. Brooks' guidance will provide you with the mentality and motivation to take your ordinary life and "manifest what you already have" into your desired riches from the moment you read the first page.

God gives us the power to be all he created us to be. Sure, that's easy for you to say, but you don't know what I'm dealing with. Is that what you're thinking? The good news is that it is possible to be still, grateful, strong, and courageous—even when undergoing trials, facing unknowns, battling fears, or struggling with feelings of inadequacy or insecurity. It all has to do with where your focus is. In this beautifully hopeful book, Twila shares important truths and helps you shift your attention from situations and self to a big God. Learn as she shares how: what we focus on becomes magnified. Our circumstances don't change who God is; they show us who God is. The better we know God, the more we can trust him. This forty-day devotional contains encouraging readings, Scripture verses, prayers, and daily affirmations, all revealing that you indeed have the power to be.

Award-winning writer Olga Khazan reclaims the concept

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of "weird" and turns it into a badge of honor, showing how being different-culturally, socially, physically, or mentally-can be a person's greatest strength; infusing her topic with "so much humor and personality that you immediately want to read about it" (Susan Cain, author of *Quiet*). Most of us have at some point in our lives felt like outsiders, considering ourselves too weird to fit in. Growing up as a Russian immigrant in West Texas, Olga Khazan always felt there was something different about her. This feeling permeated her life, and as she embarked on a science writing career, she realized there were psychological connections between this feeling of being an outsider and both her struggles and successes later in life. She decided to reach out to other people who were unique in their environments to see if they had experienced similar feelings of alienation, and if so, how they overcame them. *Weird* explores why it is that we crave conformity and how that affects people who are different. Khazan examines the causes behind-and the consequences of-social rejection, but she also finds hidden upsides to being "weird." Based on interviews with dozens of experts and a review of hundreds of scientific studies, *Weird* provides actionable insights on issues like social anxiety and impostor syndrome. Combining Khazan's own story with the trajectories of others, and with the latest research, *Weird* reveals how successful individuals learned to embrace their weirdness-and use it to their advantage. Fun is the key to success! If you want to be successful, having fun is not an option. It's a necessity. By making fun a top priority—taking meaningful, enjoyable breaks

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each day, week, month, and year—you'll not only be happier but be more productive, too! Using scientific evidence, real-world case studies, and a healthy dose of wit, bestselling author Dave Crenshaw shows that a regular respite is like a little oasis in your workday. It refreshes and reinvigorates, recharges your batteries—helping you accomplish more with less effort! The Power of Having Fun coaches you through the five-step system thousands of leaders have utilized to boost productivity and propel their careers—all while feeling fantastic! Let Dave Crenshaw lower your stress, raise your results, and restore recess to your routine.

Amoral, cunning, ruthless, and instructive, this multi-million-copy New York Times bestseller is the definitive manual for anyone interested in gaining, observing, or defending against ultimate control – from the author of The Laws of Human Nature. In the book that People magazine proclaimed “beguiling” and “fascinating,” Robert Greene and Joost Elffers have distilled three thousand years of the history of power into 48 essential laws by drawing from the philosophies of Machiavelli, Sun Tzu, and Carl Von Clausewitz and also from the lives of figures ranging from Henry Kissinger to P.T. Barnum. Some laws teach the need for prudence (“Law 1: Never Outshine the Master”), others teach the value of confidence (“Law 28: Enter Action with Boldness”), and many recommend absolute self-preservation (“Law 15: Crush Your Enemy Totally”). Every law, though, has one thing in common: an interest in total domination. In a bold and arresting two-color package, The 48 Laws of Power is ideal whether your aim is conquest, self-

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defense, or simply to understand the rules of the game. The star of ABC's "Shark Tank" demonstrates how starting a business on a shoestring can provide significant competitive advantages for entrepreneurs by forcing them to think creatively, use resources efficiently, and connect more authentically with customers.

--Publisher's description.

"Witty, compelling, and just plain fun to read . . ."

—Evelyn Lamb, *Scientific American* The Freakonomics of math—a math-world superstar unveils the hidden beauty and logic of the world and puts its power in our hands

The math we learn in school can seem like a dull set of rules, laid down by the ancients and not to be questioned. In *How Not to Be Wrong*, Jordan Ellenberg shows us how terribly limiting this view is: Math isn't confined to abstract incidents that never occur in real life, but rather touches everything we do—the whole world is shot through with it. Math allows us to see the hidden structures underneath the messy and chaotic surface of our world. It's a science of not being wrong, hammered out by centuries of hard work and argument. Armed with the tools of mathematics, we can see through to the true meaning of information we take for granted: How early should you get to the airport? What does "public opinion" really represent? Why do tall parents have shorter children? Who really won Florida in 2000? And how likely are you, really, to develop cancer? *How Not to Be Wrong* presents the surprising revelations behind all of these questions and many more, using the mathematician's method of analyzing life and exposing the hard-won insights of the academic community to the

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layman—minus the jargon. Ellenberg chases mathematical threads through a vast range of time and space, from the everyday to the cosmic, encountering, among other things, baseball, Reaganomics, daring lottery schemes, Voltaire, the replicability crisis in psychology, Italian Renaissance painting, artificial languages, the development of non-Euclidean geometry, the coming obesity apocalypse, Antonin Scalia's views on crime and punishment, the psychology of slime molds, what Facebook can and can't figure out about you, and the existence of God. Ellenberg pulls from history as well as from the latest theoretical developments to provide those not trained in math with the knowledge they need. Math, as Ellenberg says, is "an atomic-powered prosthesis that you attach to your common sense, vastly multiplying its reach and strength." With the tools of mathematics in hand, you can understand the world in a deeper, more meaningful way. *How Not to Be Wrong* will show you how.

Torique Farrington is a 15-year-old motivational speaker who was born in Queens, New York and grew up in Nassau, Bahamas. His passion involves helping other young people become a better version of themselves. Torique is a young man of integrity, great faith, morals and values. His goal for this book is to positively impact many lives across the world. Torique's dream is to one day become a New York Times Best Selling Author. *The #1 Book To Learn About The Power Of Your Failures. It Is Better To Fail Trying To Fly Than To Sit In The Nest And Die.*

We live in a world where we're all about updating. We update

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our computers, phones, cars, careers—even our partners. Now it's time to update your personal philosophy and view. In essence, it's time to update you. Being of Power is about transforming relationships. Not just with others, but with yourself, your experiences, your work, your purpose—how you relate to everything in your life. Here you will find the tools to enable you to break through the limiting views that have been keeping you stuck, frustrated, and unfulfilled; expand your viewpoint to see new possibilities; and come into your authentic self. The nine practices in this book are the stepping-stones on the path back to your essential authenticity, which is where your greatest power lies. These are practices to put into action minute by minute, day by day. We don't master them all at once; instead, we work them in each present moment, again and again, until eventually we come to embody them as a natural way of being. This is how we transform. The aim of this book is not to tell you "the truth," but rather to help you rediscover your own truth. Your deepest power comes from what you already know inside. You have the intelligence. You have the answers. The nine practices of transformation will simply allow you to dissolve the blocks standing in your way and access the wisdom that's already within you. They will show you how to put your essentially powerful way of being into action so you can create new, expanded results in your life. At its core, this book is about connecting to your authentic self and rediscovering who you are and what's possible. Create a personal "power grid" of influence to spark professional and personal success "Other people have the answers, deals, money, access, power, and influence you need to get what you want in this world. To achieve any goal, you need other people to help you do it." -- JUDY ROBINETT As anyone in business knows, strategic planning is critical to achieving long-term success. In How to Be a Power

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Connector, super-networker Judy Robinett argues that strategic relationship planning should be your top priority. When you combine your specific skills and talents with a clear, workable path for creating and managing your relationships, nothing will stop you from meeting your goals. With high-value connections, you'll tap into a dynamic "power grid" of influence guaranteed to accelerate your personal and professional success. Robinett uses her decades of experience connecting the world's highest achievers with one another to help you build high-value relationships. She reveals all the secrets of her trade, including proven ways to:

- Find and enter the best network "ecosystem" to meet your goals
- Reach even the most unreachable people quickly and effectively
- Get anyone's contact information within 30 seconds
- Create a "3-D connection" that adds value to multiple people at the same time
- Access key influencers through industry and community events
- Subtly seed conversation with information about interests and needs
- Use social media to your best advantage

Robinett has based her methods on solid research proving that social groups begin to break up when they become larger than 150 people, and that 50 members is the optimal size for group communication. As such, she has developed what she calls the "5+50+100" method: contact your top 5 connections daily, your Key 50 weekly, and your Vital 100 monthly. this is your power grid, and it will work wonders for your career. Nothing will stop you when you learn How to Be a Power Connector. PRAISE FOR HOW TO BE A POWER CONNECTOR: "Unlike many books in this genre, this one is written by a woman who has lived it. . . . Judy Robinett offers guidance on how to form authentic relationships that bring mutual benefits." -- ADAM GRANT, Wharton professor and New York Times bestselling author of Give and Take "How to Be a Power Connector is like an MBA in networking: an advanced course in finding and developing

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quality relationships with the people who can make the biggest difference in your professional success." -- IVAN MISNER, founder and chairman of BNI "Talk about power! Follow Judy Robinett's logical, straightforward, and helpfully detailed advice, and you can be a 'Power Connector' yourself!

Great ideas, well presented, with no 'wasted space' in her argument!" -- DON PEPPERS, coauthor of Extreme Trust: Honesty as a Competitive Advantage "Absolutely brilliant. A step-by-step guide to building a network that will be both invaluable to you and just as valuable to those whose lives you will now have the opportunity to touch. I can't imagine a more powerful book for one who truly desires to be a Power Connector." -- BOB BURG, coauthor of The Go-Giver and author of Adversaries into Allies "In the C-Suite or in your personal life everything comes down to the quality of your relationships. Judy's book helps you attract and maintain the relationships that will get you what you want most. Be a super connector now!" -- JEFFREY HAYZLETT, TV host and bestselling author of Running the Gauntlet

"A refreshing and enlightening new perspective on what it means to be powerful."--Susan Cain, bestselling author of Quiet We all know what it looks like to use power badly. But how much do we really know about how to use power well? There is so much we get wrong about power: who has it, what it looks like, and the role it plays in our lives. Grounded in over two decades' worth of scientific research and inspired by the popular class of the same name at Stanford's Graduate School of Business, Acting with Power offers a new and eye-opening paradigm that overturns everything we thought we knew about the nature of power. Although we all feel powerless sometimes, we have more power than we tend to believe. Power exists in every relationship, not just at the top of big institutions. It isn't merely a function of status or hierarchy, either. It's about how much we are needed and

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how well we take care of other people. We often assume that power flows to those with the loudest voice or the most commanding presence. But, in fact, true power is often much quieter and more deferential than we realize. Moreover, it's not just how much power we have but how we use it that determines how powerful we actually are. Actors aren't the only ones who play roles for a living. We all make choices about how to use the power that comes with our given circumstances. We aren't always cast in the roles we desire--or the ones we feel prepared to play. Some of us struggle to step up and be taken more seriously, while others have trouble standing back and ceding the spotlight. In *Acting with Power*, Deborah Gruenfeld shows how we can get more comfortable with power by adopting an actor's mindset. Because power isn't a personal attribute. It's a part we play in someone else's story.

Praise for *Be Yourself, Everyone Else is Already Taken*
"Mike's book is a wonderful expression of authenticity in action—clear, honest, instructive, and a passionate call to be your true Divine Self." —Cheryl Richardson, *New York Times* best-selling author, *Take Time for Your Life*
"Mike Robbins provides a clear guide for intelligently and compassionately coming face-to-face with yourself and loving the person you meet. His five principles of authenticity teach us how to embrace and celebrate all aspects of who we are and what it means to be a spiritual being having a human incarnation." —Michael Bernard Beckwith, author, *Spiritual Liberation*
"*Be Yourself, Everyone Else is Already Taken* is an empowering and refreshing book about how to be successful, real, and fulfilled in life. I highly recommend it." —Gay Hendricks, *New York Times* best-selling author, *Five Wishes*
"Mike Robbins has written a powerful, down-to-earth, and insightful book on one of the most important aspects of happiness and fulfillment in life—authenticity. *Be Yourself, Everyone Else Is*

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Already Taken will give you tools and techniques to enhance your life and relationships in a profound way." —Marci Shimoff, New York Times best-selling author, *Happy for No Reason*
"Be Yourself, Everyone Else Is Already Taken reminds us that God created each one of us for a unique purpose. We live in a world where the lines between fake and real have blurred. This powerful book teaches you how to access and express the realness you crave in your work, your relationships, and yourself." —Jon Gordon, author, *The Energy Bus*

Whether you're happy in your marriage or struggling to survive, this book is all about how you can become a positive influence in your marriage. And believe it or not, being a positive wife has nothing to do with your husband -- it has to do with you and who you are in God. Through seven biblical principles, Karol Ladd shares how any woman can be a positive (not perfect) wife as she builds a deeper, more meaningful relationship with her husband. In its pages you will find: helpful hints on the art of arguing how to practice the gift of forgiving practical suggestions on how to respect your husband great date ideas advice on handling financial responsibly This creative book is a "vitamin boost" that will nourish your spiritual, physical, mental, and emotional growth. Now you can become the positive wife you've always wanted to be!

We live in a world of both profound separation and deep longing for connection. Betz and Kimsey-House explore not only the historical and spiritual history of our disconnection and its cost to individual and societal well-being, but also provide a compelling, neuroscience-based argument for how to make the next "great turning" of human development: becoming more integrated human beings. They invite you to accompany them through a road map to integration by exploring in detail the Co-Active model, originally used by

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coaches, but with practical application to business, parents, teachers, and anyone with a desire to be more effective, connected, and whole. Richly illustrated with true stories of integration in action, as well as current research in neuroscience, this book provides a guide to reaching our full potential within ourselves, with each other, in groups and organizations and with society at large.

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